

• **BACK-TO-SCHOOL EDITION NEXT WEEK!!!**  
Early Deadline: Monday, August 24th, At 5:00 P.M.



# AGAWAM

## Advertiser-News

CAR-RT SORT\*\*\*  
Central Library  
Cooper St.  
Agawam MA 01001

Volume XXI Number 33

"Your Hometown Newspaper"

August 20, 1998



GEORGE COLLINS (left) is about to receive a plate of home-grown produce from David Cecchi at E. Cecchi Farms' 5th Annual Corn Fest, which welcomed area "cornlovers" last Saturday and Sunday, August 15th and 16th. The proceeds from the two-day event will go to the Open Pantry in Springfield. Advertiser News photo by Dave Rollins.

*Featuring All Of Its Fresh Produce...*

## Cecchi's 5th Annual Corn Fest Serves A Bounty Of Harvest Delights

by Dave Rollins

Last Saturday and Sunday, E. Cecchi Farms in Feeding Hills held its 5th Annual Corn Fest, an event which evolved from a happening that enabled consumers to taste the local corn harvest into a customer appreciation day.

It featured a meal which highlighted all the fresh produce grown by the farm during the spring and summer seasons - corn, tomatoes, squash, beans of many varieties, peppers, celery, and onions. All were grilled and served free-of-charge under a big tent they'd set up at their Springfield Street location. They also had a delicious tomato and basil salad, which was homemade by the grandmother of the clan, Anna Cecchi. There was no charge for the meal, but they did accept donations.

"We do this to thank all the people who are our customers and friends. Any money we do take goes to the Open Pantry in Springfield," Bob Cecchi, Jr. said. Bob, by the way, was hard at work over the weekend grilling up all the vegetables.

Cecchi's has been around for a long time. They've been at the Springfield Street location for 51 years and a fixture in Agawam since the 1920's. "My grandfather and grandmother started the whole thing with a little table under the trees in front of this place. They sold fresh vegetables

from there and the business slowly grew," he said. The Cecchi family farms 100 acres at various locations around the town. Thirty of those acres are behind their roadside greenhouses. "Right now, we have six people helping us. My brother, Mike, is the supervisor. My dad, Bob Sr., is out in the fields every day, planting and cultivating. I run the stand," Bob Jr. pointed out.

Despite the lack of a good soaking rain for most of the summer, the farm has done well according to Bob Jr. "Our fields are irrigated either by the drip method or sprinkler systems, so there isn't much concern about too little rain. Our soil is very good and we take care to make sure everything goes according to plan. It all works for us."

They continue to harvest until late October or until the first killing frost. Their final crop is pumpkins, which go rapidly as Halloween approaches. And Grandma Anna usually takes a few to cook-up some pumpkin pies for family and friends.

The winter months mean a lot of indoor work, either in the greenhouse or on the equipment. "It goes by fast and before you know it, the frost is out of the ground and were out there planting again," Bob smiled.

**MORE PHOTOS ON PAGE 2...**



ALICE COLLINS was just one of the E. Cecchi Farms customers who sampled the spring and summer produce at the 5th Annual Corn Fest. Advertiser News photo by Dave Rollins.

### To Our Subscribers:

We wish to thank our subscribers for renewing their subscriptions for 1998-1999. A small number have yet to do so. Please send in your \$24.50 immediately to Box 96, Agawam, or bring your renewal to our office at 14 Southwick Street, Feeding Hills Center to remain on our mailing list. Thank-you very much.

\*\*\*\*\*

### Festival At Turnverein

The Springfield Turnverein on Garden Street, Feeding Hills, will be hosting its Annual Oktoberfest on Saturday, August 22nd, from noontime to midnight. Great food and music all day long. See their display ad on Page 29.

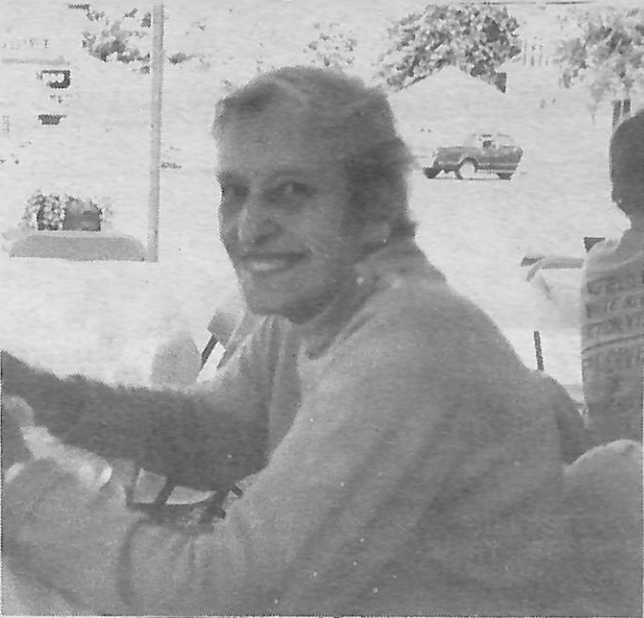
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### BACK TO SCHOOL

Our Annual Back to School Edition will be published on Thursday, August 27th for the Agawam School Department and School Committee. It will include the school bus schedules, athletic schedules, special features, and all the important information parents need to send their children "Back To School." The deadline is Monday at 5:00 p.m.



## Enjoying Themselves At Cecchi's Corn Fest...



IF YOU ENJOY THE TASTE of freshly-grown produce, chances are that you would have had a smile on your face at Cecchi's 5th Annual Corn Fest, which was held last Saturday and Sunday. Advertiser News photo by Dave Rollins.



"KEEP THE CORN COMING!!!" Enjoying the food at Cecchi's 5th Annual Corn Fest (from left to right): Donna Walker, Donna Pisano, Heather Pisano, and Mike Pisano. Advertiser News photo by Dave Rollins.

## LEGAL NOTICE

## LEGAL NOTICE

### TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a (re-scheduled) public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, AUGUST 27, 1998 at 6:30 P.M., for all parties interested in the appeal of PHILLIP LeCLAIR who is seeking a Special Permit in accordance with Section 180-71 of the Zoning Ordinances, which will allow for the construction of a second floor addition to the existing single family residential structure at the premises identified as: 16 LAWNWOOD STREET.

Larry Hoague  
Acting Chairman

Published: August 20, 1998

## LEGAL NOTICE

## LEGAL NOTICE

### TOWN OF AGAWAM PUBLIC HEARING

You are hereby notified that a public hearing will be held at the Agawam Middle School, 68 Main St., in the Town of Agawam, Massachusetts, at 7:00 o'clock p.m., on Tuesday, September 8, 1998 upon petition of Western Mass. Electric Company dated July 14, 1998 for permission to: install third feeder at Bowles Park and install new underground three phase primary and new hex-

hole in the ways or parts of ways designated in said petition, along which designated route of line you are an owner of real estate as determined by the last preceding assessment for taxation.

Dated this 7th day of August, 1998.

Information regarding this petition may be obtained from Western Mass. Electric Company in Springfield, Tel. No. 785-5871.

Petition No.: DRG No. 1356.

Street: General Abrams Drive & Bowles Park  
Ursula Retzler  
Clerk of the Council

Published: August 20, 1998

# "Justice is the crowning glory of the virtues."

- Cicero



When you've been wrongly injured in any kind of accident, you need an attorney who will fight to bring you justice.

Attorney Scott M. Hibbert has the expertise necessary to win your personal injury case. Turn to a hometown attorney you know and trust.

## Attorney Scott M. Hibbert

789-9800

CALL TODAY FOR AN APPOINTMENT

Personal Injury Law • Real Estate Law • Probate Law & Administration of Estates



# Discount Liquors

**Feeding Hills Center**  
1360 Springfield Street  
**786-8471**

## Phipps



**STOP IN AND CHECK OUT  
AGAWAM'S BEST WALK-IN HUMIDOR!!!**

\*\*\* Prices Effective Through August 31st \*\*\*

### BEER SPECIALS

 <b>Coors Extra Gold</b> (30 Pk. Cans) <b>\$10.99</b> Plus Deposit	<b>Sam Adams Lager &amp; Summer Ale)</b> (12 Pk. Bottles) <b>\$9.99</b> Plus Deposit	 <b>Miller High Life</b> (30 Pk. Cans) <b>\$10.99</b> Plus Deposit	<b>Beck's Dark</b> (12 Pk. Bottles) <b>\$9.99</b> Plus Deposit	 <b>Beck's</b> (12 Pk. Bottles) <b>\$9.99</b> Plus Deposit	
<b>St. Pauli Girl</b> (12 Pk. Bottles) <b>\$9.99</b> Plus Deposit	<b>St. Pauli Girl Dark</b> (12 Pk. Bottles) <b>\$9.99</b> Plus Deposit	<b>Miller Genuine Draft</b> (30 Pk. Cans) <b>\$10.99</b> Plus Deposit	<b>Miller Genuine Draft Light</b> (30 Pk. Cans) <b>\$10.99</b> Plus Deposit	<b>Grolsch Lager</b> (12 Pk. Bottles) <b>\$9.99</b> Plus Deposit	<b>Harpoon Mix &amp; Ale</b> (12 Pk. Bottles) <b>\$9.99</b> Plus Deposit

### LIQUORS

<b>Jack Daniels</b> (1.75 Ltr.) <b>\$25.99</b>	<b>Canadian Mist</b> (1.75 Ltr.) <b>\$12.99</b>	<b>Tequila Rose</b> (750 ml.) <b>\$15.99</b>	<b>Gilbey's Gin</b> (1.75 Ltr.) <b>\$12.99</b>	<b>Gordon's Gin</b> (1.75 Ltr.) <b>\$13.49</b>	<b>Popov Vodka</b> (1.75 Ltr.) <b>\$11.49</b>	<b>Kahlua</b> (750 ml.) <b>\$13.99</b>
<b>Romana Sambucca</b> (750 ml.) <b>\$15.99</b>	<b>Sky Vodka</b> (1.75 Ltr.) <b>\$19.99</b>	<b>Smirnoff Vodka</b> (1.75 Ltr.) <b>\$15.99</b>	<b>Smirnoff Citrus</b> (1.75 Ltr.) <b>\$15.99</b>	<b>Sambucca Regular</b> (750 ml.) <b>\$15.99</b>	<b>Sambucca Black</b> (750 ml.) <b>\$15.99</b>	<b>Sambucca Cafe</b> (750 ml.) <b>\$15.99</b>

### WINE COOLERS

#### Seagram Wine Coolers

Wild Orange Strawberry  
Kiwi-Strawberry  
Watermelon  
Strawberry Banana  
Grape Kiwi  
Sea Breeze

Strawberry Daiquiri  
Fuzzy Navel  
Margarita  
Black Cheery  
Wild Berry  
(All Flavors)



**\$2.99**

4 Pk.  
(Plus Deposit)

### FROZEN DRINKS

**TGI Friday's (1.75 Ltr.) - \$11.99**

Mudslide  
Margarita  
Orange Dream  
Mint Chocolate Chip

Strawberry Daiquiri  
Pina Colada  
B-52  
Strawberry Shortcake

Lemonade  
Toasted Almond  
Cappuccino



### AUGUST WINE SPECIALS

**Woodbridge (1.5 Ltr.)**  
 Chardonnay, Cabernet, Merlot ..... **\$11.99**  
 White Zinfandel, Sauvignon Blanc ..... **\$8.99**  
**Lindeman's Chardonnay Bin 65 (750 ml.)** ..... **\$6.59**  
**Corbett Canyon White Zinfandel (750 ml.)** . 3 For **\$8.99**

**Carlo Rossi (4 Ltr.)**  
 Chablis, Rhine, Burgundy, Blush, Vin Rose,  
 Pisano, Sangria, White Grenache ..... **\$6.99**  
**Bolla (1.5 Ltr.)**  
 Suave, Valpolicella, Pinot Grigio, Merlot, Bardolino ..... **\$9.99**



**Phipps Discount Liquors At Three Locations:**

**PHIPPS**  
1360 SPFLD. ST.  
FEEDING HILLS  
**786-8471**

**MR. PHIPPS**  
111 NO. ELM  
WESTFIELD  
**568-8343**

**MRS. PHIPPS**  
RTE. 20  
WESTFIELD  
**568-4377**

**We Now Have  
Full Lottery  
Services  
NOT RESPONSIBLE  
FOR TYPOS**





## Letters To The Editor

### Cecchi Family Appreciates Support For "Corn Fest '98"

#### To The Editor:

The Cecchi family would like to thank its customers, neighbors, and friends who helped make last weekend's Corn Fest '98 at E. Cecchi Farms such a huge success. Your generosity enabled us to raise \$395, which will be matched by us and donated to the Agawam/West Springfield Open Pantry.

We'd also like to give a special thank you to George Collins, without whose help (and equipment) Corn Fest would not have been possible, and Nani, whose beans were the hit of the show!

Thanks again. We look forward to seeing you at next year's Corn Fest.

**The Cecchi Family  
E. Cecchi Farms  
Springfield Street, Feeding Hills**

### Suburban Girls' Softball Had A Funfilled Season

#### To The Editor:

I would like to take this opportunity to thank everyone involved in making this year's Suburban Girls' 14 & Under softball season a funfilled and successful season.

Although our roster showed two coaches (Jim Cressotti and Wayne Dubay), we received outstanding help from Bill Nowell and Frank Caruso. Bill was not only helping out at the practices, he also answered the call when we were shorthanded coaches at the games and tournaments, along with preparing the field before every home game.

Frank also was a great help, from his knowledge of the game, helping out coaching the bases at the games and tournaments, to taking time to drive his bus that got us safely to quite a few games and was used at the state tournament.

Thank you, Wayne, Jimmy, Bill, and Frank. Thank you, also, to Les Brown for umpiring one of our games when the ump was a no-show.

I can't forget the people behind the scenes. Crystal Jackson (Prez), thank you for the outstanding time and effort last year, and especially this year. The Parents' Booster Club was a great idea and helped out immensely this year. That was a lot of work behind the scenes. Sandy Dubay, helping out not only coaching the bases a couple of times, the numerous phone calls to the team members and their parents, but the support she gave both this year and last year to the team.

Thanks to Jan Caruso, Joanne Taylor, Janet Sheehan, Sandy Dubay, Dick & Crystal Jackson, Karen Molbury, Bill Nowell, and all the girls for the time and effort on the carwash.

Thank you, Aimee Beaudette, Amanda Brown, Rachel Caruso, Angelina Cortese, Lauren Cressotti, Danya DeCoteau, Katie Dubay, Alyssa

### FireWise...

by Fire Chief David Pisano

### How To Prevent Trash From Becoming A Fire Hazard

Trash. We all create it, we all dispose of it, but sometimes it can become a fire problem to us.

What we are really talking about is good housekeeping, and when we collect the trash we must make sure it does not come into contact with a heat source or create its own.

Keep attics, basements, and storage rooms clean and avoid storing concentrations of combustible materials — keep rubbish cleaned out.

Your home or workplace is often filled with disposable material, combustible material, or trash. All that awaits it is a match, cigarette, overheated furnace, or some other heat source to create property damage, injure, or kill.

The Agawam Fire Department reminds you to rid your home or workplace of rubbish, trash, old newspapers, worn-out clothes, and cardboard boxes. Take the trash outside for temporary storage, staged for removal and away from heat sources.

For further information, contact the Agawam Fire Department at 786-2662.

— ADVERTISER NEWS —

Goodrow, Nicki Gutowski, Erin Jackson, Erica Molbury, Ashley Mutti, Aly Nowell, Ashely Robidoux, Gina Saimer, and Vicki Taylor. You made the other coaches and me very proud. You showed true sportsmanship, worked hard, stuck together, and I hope you all had fun! Good luck to all the girls returning next year, and to the ones going on to play at the High School.

Thank you to Father Tatro and the Sacred Heart Athletic Association for giving the girls of this town a chance to play softball.

**Thank you,  
Rich Molbury  
Feeding Hills**

### Agawam's Firefighters Are Always Willing To Help

#### To The Editor:

On Thursday evening, August 13th, I visited the Agawam Center Cemetery to water the plants on my parents' grave, as I often do. Having used my daughter Karen's car and not being familiar with it, I locked myself out.

Looking around as it was turning dusk, I saw the bright familiar lights of the Agawam Center Fire Station and decided to walk over and make a phone call. However, the firefighter on duty was unable to get through due to a busy signal, so another young man by the name of Brian "Keefe," (no relation) took me in a Fire Dept. vehicle to the gravesite and worked a bit of magic and unlocked the car.

Just want to thank both firefighters and the department for always being there, even in non-emergency situations, for the citizens of Agawam.

**Sincerely,  
Bob Keefe  
Agawam**

### Feeding Hills Resident Supports Malone For Gov.

#### To The Editor:

**To My Fellow Western Massachusetts Republicans:**

As the September primary nears, we face the decision of choosing that candidate that truly represents those principles that define us as Massachusetts Republicans.

Paul Cellucci has continually defined his platform as a "tax and spend" liberal who truly only represents insiders on Beacon Hill. Our needs in Western Massachusetts only seem to be excessive baggage for a platform of ideas that stop outside the I-495 beltway.

He chooses to spend at a rate that is three times that of inflation, and his budget cuts have negatively impacted significant projects in Western Massachusetts. He dribbles out a marginal tax cut that borders on meaningless.

He will tell you the Massachusetts economy is stable, but it's not. People continue to feel the pressure of corporate downsizing; they're working longer hours for less compensation; and performing at jobs significantly less meaningful than their qualifications. Yet, unemployment statistics will tell you the rate continues to drop.

We need a candidate who can deliver more than lip service; we need a platform of inclusion. That's why I'm supporting Joe Malone for the nomination for governor on September 15, 1998.

**Bill Euliano  
Feeding Hills**

*You turn our pages for the hometown news, each and every week...*

## State Senate To Enforce Health Insurance Contracts

Senate Assistant Majority Leader Linda J. Melconian (D-Springfield) has announced Senate passage of legislation to enforce health insurance contracts between Western Massachusetts employers and HMO carrier Health New England.

"The Senate is requiring Health New England to honor its commitments and comply with existing agreements," Melconian said. "Its disregard for contracts has had an extremely adverse affect on thousands of Western Massachusetts residents who are covered under these plans."

The legislation currently awaiting action by the House of Representatives is in response to a dispute between the Employers Association of Western Massachusetts (EAWM), a not-for-profit membership organization providing a variety of services to employers throughout Western Massachusetts, and Health New England (HNE). EAWM consists of 775 members, with 330 of these companies, covering over 17,000 individuals belonging to an Employers Association Buyers' Coalition. The bill would enforce contracts between HNE and the Buyers' Coalition.

The Buyers' Coalition is designed to provide its members with quality, affordable, and responsive health care options. In 1996, HNE was awarded contracts to provide health care to Coalition members. The rates agreed upon were competitive in the market, benefited over 300 businesses, and guaranteed that rates would not rise more than 2.3 percent over two years.

However, HNE informed the Buyers' Coalition in the fall of 1997 that because of changes in the small-group insurance law, it could no longer honor these contracts. Rates that were guaranteed to only increase by two to three percent were now increasing by 20 to 30 percent for members of the Association's Buyers' Coalition.

"This is a completely unacceptable breach of contract. HNE agreed in good faith to these contracts and the provisions must be enforced," Melconian said.

The Senate legislation, approved on July 31st, would provide contract enforcement through 1999. Melconian hopes the bill will now receive swift House action.

"I urge my Western Massachusetts colleagues in the House to act on this important legislation affecting thousands of workers in our region," Melconian said. "It is outrageous that citizens in Western Massachusetts must see their health insurance costs skyrocket because of the illegal actions of an insurance provider."

#### LEGAL NOTICE

#### LEGAL NOTICE

#### TOWN OF AGAWAM AGAWAM TOWN COUNCIL APPROVED ORDINANCE TOR-98-4

An Ordinance to Amend Agawam Zoning Ordinance-Town Code-Chapter 180 by adding Article XIV entitled Adult Businesses.

Said Ordinance is of a length too cumbersome for publication. Accordingly, copy of said ordinance is available for reference at the office of the City Clerk, 36 Main Street, Agawam, MA between the hours of 8:30 A.M. and 4:30 P.M. Monday through Friday.

PER ORDER OF THE AGAWAM CITY COUNCIL  
Donald M. Rheault, President  
Agawam City Council

Published: August 20, 1998



## The Agawam Advertiser•News

786-7747

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786-8137

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Johnson Hasn't Ruled Out Suing The State...

## Unfunded County Pension Liability A Big Headache For Town Of Agawam

by Kathy Cassanelli  
News Editor

Adopting an "all or nothing" stance, acting Governor Paul Cellucci vetoed compromise legislation that would have eased the financial burden for local communities faced with shouldering the unfunded pension liability for Hampden County retirees and may have set in motion a showdown between the commonwealth and the town of Agawam.

Last week's veto shot down compromise legislation hammered out between the state House and Senate leadership after nearly a year's worth of work and lobbying by Senate Assistant Majority Leader Linda Melconian and State Representative Daniel Keenan to resolve the problem of who will pay the bill for county retirees now that the county no longer exists.

Ever since the state Public Employee Retirement Administration (PERA) determined that the remaining member communities of the County Retirement System must pay for the portion of the county retirees' pensions that used to be paid by the county, local officials have been working with Keenan and Melconian to enact legislation aimed at having the state pick up the county's largest liability, the unfunded pensions, when the state took over the county's assets, liabilities, and functions on July 1st.

As the largest community to participate as a member of the County Retirement System, Agawam will be faced with picking up the largest share of the county's pension liability. For the first half of the next fiscal year alone, the town is being assessed more than \$350,000 over and above the amount the town is already paying to fully fund the pensions of Agawam municipal retirees. The assessments for unfunded county pensions threaten to become a financial crisis for the town for the next 30 years.

Because employee contributions to the pension fund are not enough to cover the cost of their pensions, the member communities of the County Retirement System make up the difference in annual assessments. The money paid into the retirement system by the member communities is the "unfunded pension liability." Now that the county no longer exists, the remaining members of the retirement system must pick up the county's unfunded pension liability, according to PERA's interpretation of the legislation calling for the abolition of county government.

However, according to Mayor Christopher C. Johnson, the buck stops beyond the point of pay-

ing the bill for Agawam municipal retirees no matter what PERA says.

### Johnson Is Reviewing Numerous Laws...

Determined to resist a patently unfair financial burden on the town, Johnson is reviewing the numerous laws on the abolition of county government before deciding on the best course of action to protect the interests of the town.

Johnson is not ruling out bringing a suit against the state, but the possibility exists that the town may refuse to pay its bill to the county retirement system and wait for a lawsuit to be brought against the town in order to get its day in court.

"I'm not paying unless a judge tells me I have to," Johnson said. "I'm not forking over \$350,000 of Agawam taxpayers' money just because PERA says we should when I believe their interpretation of the law is wrong."

Both Johnson and Keenan agreed that the effort to gain support in the legislature for shifting the burden of the county's unfunded pension liability to the state was hampered by the fact that the largest communities in the county won't feel the financial crunch of having to pay any of the cost of fully funding the pensions of county retirees.

Springfield, Holyoke, Chicopee, Westfield, and West Springfield all have retirement systems of their own and are not members of the county retirement system, even though they have received the same benefits of county services over the years. Agawam and the smaller towns of the county will be assessed for the county's portion of the unfunded pensions unless PERA changes its position or the legislature takes another stab at a legislative solution when they reconvene in January.

Hopefully, now that Essex, Berkshire, and Hampshire Counties have been abolished along with Hampden, Middlesex, and Worcester Counties, there will be more support for having the state take over the unfunded pension liabilities in the legislature as the financial burden falls unfairly on more and more communities, according to Johnson.

The sponsor of the original legislation approved by the House, Keenan said he was surprised that the governor vetoed the language after a compromise had been worked out between the House and Senate.

### "... Like Any Other County Debt ..."

"We wanted to make sure the state took over the liabilities as well as the assets when Hamp-

den, Worcester, and Middlesex Counties were abolished," Keenan said. "My thought was the pension responsibility should be treated like any other county debt and should not fall on the communities in the retirement system."

According to Keenan, the version of the House/Senate compromise vetoed by Cellucci called for the state to pick up the tab for the unfunded county pensions and then charge the cost back to all of the communities in the county if the county's assets did not outweigh its debts.

"I expected it would have taken about a year to figure out the assessment of the county's assets, and I was pretty confident the assets would be more than the debts and we wouldn't have to pay any of the pension costs," Keenan said.

Keenan said there was little chance of any legislative action before January, but he plans to continue working with the governor's Office of Finance and Administration to change PERA's interpretation of the law.

After discussions with the governor's office, Keenan said he was disappointed to learn the executive office is planning to do an analysis of the county's assets and then file corrective legislation to deal with the unfunded pension liability next year.

"This is not an academic problem to me," Keenan said. "This is a real problem and Agawam is going to have to pay this money now."

Keenan said the governor's solution was not satisfactory in light of the fact that a solution had been negotiated in the legislature.

"I have asked the governor's office to convince PERA of the correct intention of the legislature that the commonwealth, not the Hampden County Retirement Board, should be billed for the pension liability," Keenan said.

While he doesn't blame the governor for vetoing the compromise legislation, Johnson said the fault lay with the House leadership.

"Governor Cellucci is being portrayed as the heavy in this and he's just holding out for the right thing to happen (the state taking responsibility)," Johnson said. "The problem is with the House leadership. They're the ones who believe the communities should get stuck with the bill for the pension liability."

Keenan said the struggle over the responsibility for funding county retirees' pensions will not affect the ability of retirees to collect their pensions.

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Who do you turn to when you're making important life decisions? You turn to someone you trust -- a friend, a neighbor. At Canary Blomstrom, we are more than just an insurance agency. We've been your neighbor for 9 years, and we take the time to get to know you. This assures that you will get the right insurance coverage, both personal and business, at a price you can live with.

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868 Springfield Street, Feeding Hills, MA 01030



## Veterans' Corner...

by Ruth Bitzas  
Veterans' Agent — 786-0400, Ext. 236

## Info. On Disabled Veterans' License Plates

I have always referred to Chapter 90, Section 2 for the guidelines for eligibility to a DAV plate when questioned by veterans, and there have been no changes in that state law that I am aware of. However, I've learned that the eligibility standards have been expanded.

A disabled veteran returning to Massachusetts from the south provided me with the following information. He found it on the Internet under "Medical Affairs":

"Disability veteran plates are issued only to qualified Massachusetts resident veterans who meet the same qualifications as those applying for a disability plate. This claim must be supported by a statement of disability from the Veterans' Administration. These plates are issued only to persons who have a vehicle registered in their name."

There is no fee for a placard or disability veteran plate. Also interesting is the fact that you can download the applications from the *Forms and Files section of the Medical Affairs Site*. (I've been wanting a home computer for a long time and will make that purchase in September.)

In completing the form, you will need to have it signed by a licensed physician, chiropractor, or nurse practitioner.

## ELIGIBILITY STANDARDS:

- \* Cannot walk 200 feet without stopping to rest.
- \* Cannot walk without the assistance of a prosthetic aid or another person.
- \* Are restricted by lung disease to such a degree that your forced (respiratory) expiratory volume (FEV) in one second, when measured by spirometry, is less than one liter.
- \* Use portable oxygen.
- \* Have a Class III cardiac condition according to the standards set by the American Heart Association.
- \* Have a Class IV cardiac condition according to the standards set by the American Heart Association.
- \* Have Class III or Class IV functional arthritis according to the standards set by the American

College of Rheumatology.

\* Have Stage III or Stage IV anatomic arthritis according to the standards set by the American College of Rheumatology.

\* Have been declared legally blind (please attach copy of certification). A customer in this classification must surrender his or her license.

\* Have lost one or more limbs or permanently lost the use of one or more limbs.

## TEMPORARY PLACARDS:

To be eligible, the medical professional must certify that the disability is predicted to last at least two months.

\*\*\*

HONOR ROLL: Listed below are World War II veterans whose last name begins with the letter "L" whose Home of Record is Agawam. Please contact Veterans' Services, 786-0400, ext. 236, with name and verification of any veteran you know of whose name is missing.

## WW II HONOR ROLL - "L"

Raymond B. LaBranche, Richard W. Lachapelle, Kenneth C. Lagdon, Richard M. Lagdon, William A. Lamier, Joseph W. Lamothe, Donald J. Lamoureux, William E. Lancto, John A. Landry, Willis N. Lang, Edmund F. Langevin, Alphonse J. Lango, Anthony A. Lango, Jean B. Lariviere, Eugene J. Lavalette, Francis J. Lavalette, George H. Laviolette.

Henry A. Lecour, Kenneth E. Leger, Henry P. LeGrand, Raymond W. LeGrand, Shirley G. Leonard, Eugene R. LePage, Albert F. Lepore, Brandon N. Letellier, Elmer Letellier, Lawrence J. Letellier\*, Edward A. Letendre, Ernest Letendre, Robert A. Letendre, Edward E. Levesque, Donald H. Lewis.

Harold L. Light, Jr., Harvey L. Light, James J. Liucci, Leo A. Loncrini, Donald E. Loncto, Carmine Longhi, Joseph N. Longhi, Stanley B. Loomis, Michael P. Losito, Joseph P. Losito, Carlo Lovotti, Louis J. Lovotti, William C. Lucardi, Catherine M. Luccardi, Frank I. Luccardi\*, James Luccardi, Gerald R. Lucia.

(\* Died while in service.)

\* \* \* \* \*

Ruth Bitzas' "Veterans' Corner" is a regular feature of The AAN...

\* \* \* \* \*

## Malone Comments On Airport Landing Fees

Candidate for Governor Joe Malone recently issued the following statement regarding news reports on increases in landing fees at Logan Airport to help pay for the Big Dig:

"Whether you're driving on the Mass. Pike or using our tunnels and bridges, or flying out of Logan Airport, you will pay extra because of Paul Cellucci's gross mismanagement of the Big Dig."

"The Cellucci administration has already informed us that tolls are going up to pay for out-of-control spending on the Big Dig. Now we learn that landing fees at Logan are doubling, which means higher airline tickets for the average consumer. This is what happens when a project goes from costing \$5.2 billion in 1991 to \$12 billion today."

## Malone Questions Cellucci's Choice Of Campaign Appearances

In a press statement released recently, Joe Malone, candidate for Governor of Massachusetts, said, "Paul Cellucci doesn't want to appear at the traditional Republican Party unity breakfast because, according to the *Boston Globe*, he 'isn't too keen on being seen with the rest of the GOP candidates once the primary is over.'"

"This is the same Paul Cellucci who asked to be invited to a forum in Lowell featuring Hillary Clinton, and who was also the only Republican to show up at a Ted Kennedy-sponsored forum at the State House on the minimum wage," he continued.

"It's clear that Paul Cellucci is more comfortable campaigning with Democrats than he is with Republicans," Malone concluded.

## LEGAL NOTICE

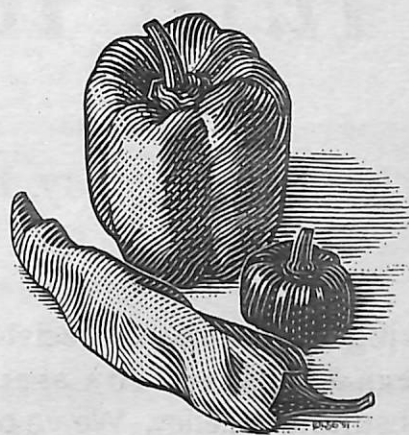
## LEGAL NOTICE

AGAWAM TOWN COUNCIL  
AGAWAM, MA

The Agawam Town Council will hold a Public Hearing on Sept. 8, 1998 at 7:30 p.m. at the Agawam Middle School, 68 Main Street, Agawam, MA, on the application of Berkshire Power Company for a license to keep, store for personal use/or resale of petroleum products in underground tanks or above ground not to exceed 500,000 gallons at 31 Moylan Street in the Town of Agawam, MA.

Richard M. Theroux, Town Clerk

Published: August 20, 1998



"Thanks to all our wonderful customers who made Corn Fest '98 such a huge success. If you weren't able to join us, you can still try all our great veggies—you'll just have to cook them yourself. Our peppers are especially tasty this time of year, and we've got quite a variety: green bell; red; frying; purple peppers; and a nice selection of hot ones: jalapeños; habañeros; cherry hots; and more!"

E. Cecchi Farms 1131 SPRINGFIELD STREET Feeding Hills

"Everything you'd grow if you had 40 acres."

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Beach  
Plum

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- Apricot Nectar
- Creme de Menthe



## Harshbarger Meets With Local Supporters...



DEMOCRATIC GUBERNATORIAL CANDIDATE Scott Harshbarger (center) recently met with Rev. Curt Fuller (left) and Rudy Altobelli (right), the coordinators of Harshbarger's campaign in the town of Agawam.

*Our annual BACK-TO-SCHOOL edition will be published next week. Therefore, we have an "early deadline" for next week's edition — Monday, August 24th, at 5:00 p.m. ... AAN!!!*

## from the State Senate



by State Senator Linda J. Melconian

### Welfare Reform Revisited

I am pleased to take this opportunity to update Agawam/Feeding Hills on the status of welfare reform. It has been less than two years since the Massachusetts legislature led the national wave of state initiated welfare reform with the passage of Chapter 5 of the Acts of 1995. Already, substantial evidence exists to suggest that the reforms are working.

Statewide, the numbers are promising: in September 1996, immediately prior to the implementation of the reform mandates, the state Transitional Aid to Families with Dependent Children (TAFDC) caseload was a bloated 86,511. In little more than a year and a half, the TAFDC caseload has been reduced to 63,501 families.

As you know, the Westfield Office of Transitional Assistance services Agawam/Feeding Hills. The reforms have translated into approximately a 40 percent reduction in the overall caseload for the Westfield office. Agawam/Feeding Hills has an estimated 130 families currently receiving TAFDC benefits.

According to the Westfield office, the welfare reforms have been crucial in moving people off of the welfare rolls and into substantial employment. Increased job and skills training have been an instrumental part of the reform; ensuring that individuals have the appropriate resources to maintain employment will keep them from returning to the rolls.

SEE MELCONIAN - Page 8...

786-1127  
786-1128

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Charlie Grasso

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Paul Bickford

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Enjoy A Variety Of Dishes Selected By Our Chef For **\$6.95**.  
Entrees Include Soup & Salad, Vegetable, Rolls And Butter.

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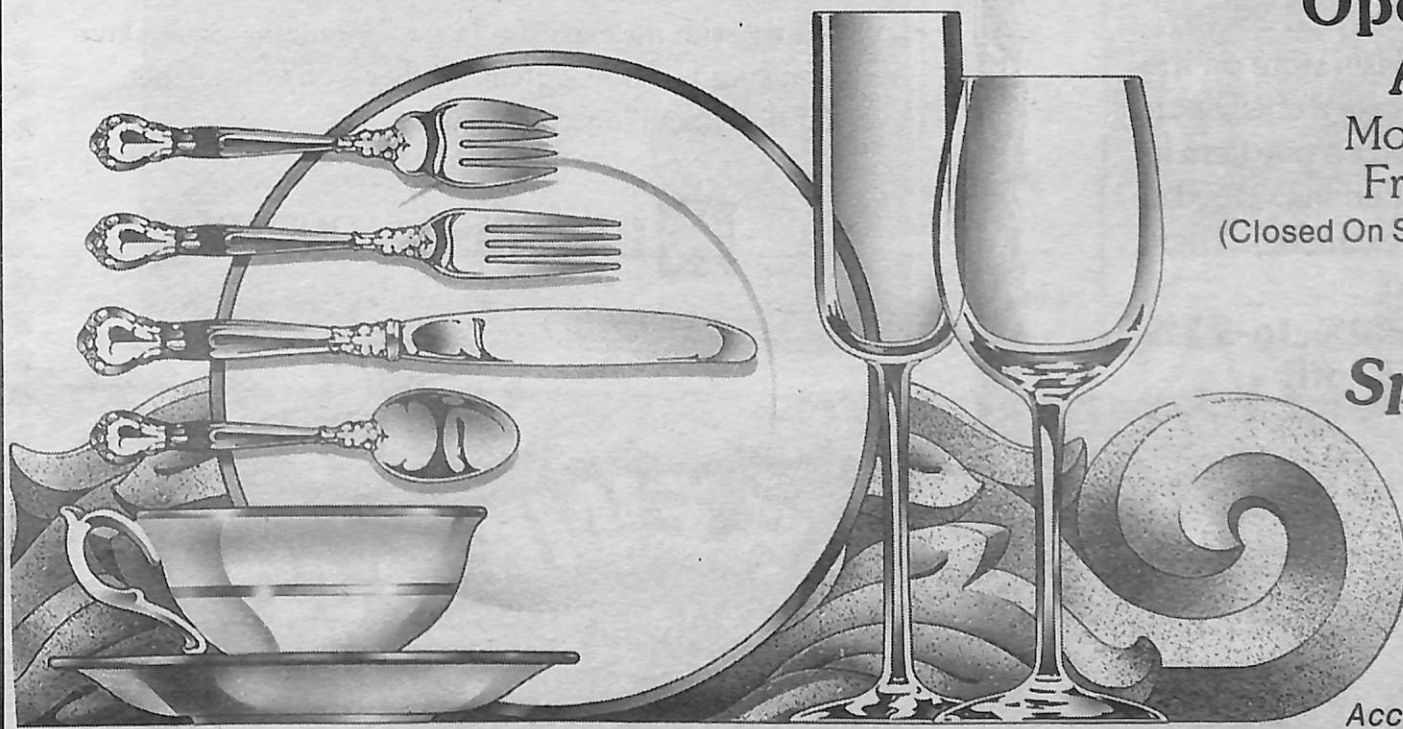
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## MELCONIAN - from Page 7...

In addition, those who do procure jobs are still eligible for other benefits, including food stamps, childcare, and transportation. These benefits avoid the danger that individuals would be worse off with a job than they were on welfare.

I believe it is imperative that those who are employed understand that there are other benefits available to them even if they are working a 40-hour week. The reforms are meant not only to enable them to find gainful employment, but also to support them in a variety of practical ways after employment has been secured.

Everyone should be encouraged by the progress the welfare system has made in only two years. Welfare is returning to its original purpose as a temporary, short-term aid for families who need help to get back on their feet.

The first impending deadline for the loss of the cash grant is December 1998. Some have expressed concern that families will be caught unaware and unprepared for the end of cash benefits. However, the caseworkers in the Westfield office have been reiterating the deadline and stepping up efforts to motivate employment families who are in danger of hitting the time limit.

Of the relatively small number of families who are close to using up their cash grant benefits, many could be employed before their benefits expire.

The Agawam/Feeding Hills area has benefited from welfare reform. Welfare recipients have seen an increase in support services, and the town has seen a decrease in repeat enrollments. In short, it is too early for final judgment, but to date, the changes have been a success.

*Why not surprise your "loved ones" with a Birthday Ad in The AAN. They cost just \$30, so bring in your today!*

## LONGMEADOW FLOWERS

### FEEDING HILLS

Will be relocating this Fall to "**Tower Square**" in downtown Springfield.

To show our appreciation to our loyal customers over the last 12 years, we're having "**Customer Appreciation Days**" on August 27, 28, and 29.

Stop into the Feeding Hills store on the 27th, 28th, or 29th and take a chance on a special discount — good on one item in the store (D56, Marg Furlong, Boyd's, Hibel flowers, deliveries excluded). There will be refreshments, too!

Markdown are now **40% to 75% off**. All loose silk is **75% off!**

Hope to see you in the store for the closing festivities.

Laurie, Manager,  
Longmeadow Flowers

## — Agawam Obituaries —

### Margaret E. Sheridan

Margaret E. (Foley) Sheridan, 85, of 37 Brookline Avenue, Feeding Hills, died at Mercy Hospital in Springfield.

She was a sales clerk for Hollywood Uniforms for several years.

She was born in West Springfield, and moved to Feeding Hills in 1972.

She was a communicant of Sacred Heart Church, and a member of its Rosary Altar Society, the Daughters of Isabella, and Golden Agers Chapter 2.

She was the first president of the Veterans of Foreign Wars Post 6714 Auxiliary in West Springfield.

Her son, Joseph Jr., died in 1994.

She leaves her husband of 61 years, Joseph Sheridan; a daughter, Elizabeth A. Sheridan of Feeding Hills; four grandchildren; and four great-grandchildren.

The funeral was held at Toomey-O'Brien Funeral Home and the church, with the burial at St. Thomas Cemetery in West Springfield.

### Anthony P. Melloni

Anthony P. Melloni, 90, of 186 Southwick Street, Feeding Hills, died in Palmer's Wing Memorial Hospital.

He was a 45-year mechanic for Peter Pan Bus Lines, and retired in 1972.

He was born in Springfield, and lived in Feeding Hills most of his life.

He was an Army veteran of World War II.

His wife, Hazel E. Roach, died on May 28th.

He leaves a son, Anthony C. of Monson; two stepsons, Peter J. Freeman of Monson, and Clayton E. Parker of Feeding Hills; three sisters, Yolanda Guidi and Caroline Melloni of Agawam, and Lena Tatro of Vermont; nine grandchildren; and 13 great-grandchildren.

The funeral was held at Agawam Curran-Jones Funeral Home, with the burial in Springfield Street Cemetery.

### Raymond M. Matlasz, Jr.

Raymond M. Matlasz, Jr., 59, of 146 Corey Colonial, Agawam, died at Mercy Hospital in Springfield.

He owned and operated the former Rayco Coating Co. in West Springfield.

He captained a charter boat out of Wakefield, Rhode Island, for 20 years, and belonged to the Springfield Yacht and Canoe Club and the Westfield Sportsmen's Club.

Born and raised in Chicopee, he was a Coast Guard veteran, and lived in Ludlow before moving to Agawam 15 years ago.

He leaves his wife, Ann Marie (DaMolin) Matlasz; a son, Matthew M., and a daughter, Marissa Klaenick of Ludlow; a stepson, Paul Placanico of Agawam; a stepdaughter, Karen Mordiza of West Springfield; a brother, David, and a sister, Cindy Burke, of Chicopee; and five grandchildren.

The funeral was held at Toomey-O'Brien Funeral Home and the Holy Cross Church in Springfield. Burial was at the convenience of the family.

Memorial contributions may be made to the Pioneer Valley Hospice, 50 Maple Street, P.O. Box 9058, Springfield, MA 01102-9058.

### Ronald G. Malouin

Ronald G. Malouin, 52, of New Bridge Street, West Springfield, died in a local nursing home.

He was a printer operator for Rexam D.S.I. for nine years.

He was born in Springfield, and lived in Feeding Hills as well as West Springfield.

He leaves a brother, Larry.

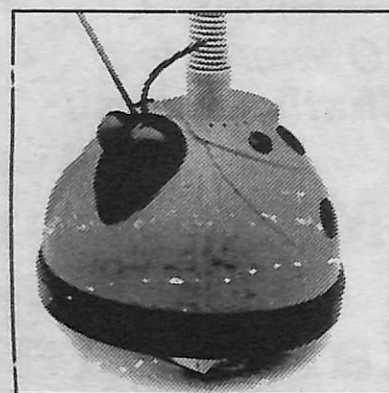
The funeral was held at West Springfield Curran-Jones Funeral Home, with the burial in Springfield Street Cemetery in Feeding Hills.

Memorial contributions may be made to the American Cancer Society, 53 Capital Drive, West Springfield, MA 01089, or the American Heart Association, 1111 Elm Street, Suite 9a, West Springfield, MA 01089.

## GET YOUR POOL POSITIVELY CLEAN



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AquaBug for above-ground pools.

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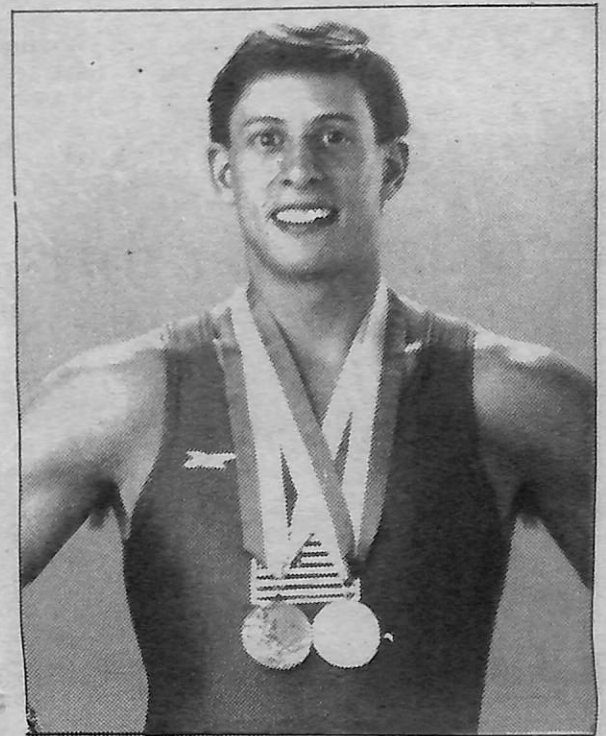
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Fri.,  
Aug. 21st  
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**Classes Start  
Thursday, Sept. 3rd**



**TIM DAGGETT  
GOLD MEDAL GYMNASTICS**

103 Gold Street, Agawam





## Families

### A "Close-Knit" Group At Heritage Hall



DON'T "NEEDLE" these ladies at Heritage Hall South when they're busy knitting or crocheting! From left to right: Mary Walsh, Rose Corso, Priscilla Pelletier, and Kathy Dyba. Advertiser News photos by Jack Devine.

**Happy  
Birthday,  
Alex!**



Love,  
Tom, Ellen & Erin

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Commercial Liability





MR. &amp; MRS. MICHAEL L. GILLETTE

## Tara M. Brittain Becomes Bride Of Michael L. Gillette

Tara Marie Brittain wed Michael Lawrence Gillette on May 16, 1998. The ceremony took place at Sacred Heart Church in Springfield and was followed by a reception at Chez Josef.

Nicole Brittain served as maid-of-honor and Jeff Garrity served as best man.

Tara is the daughter of Peter and Gail Brittain of 15 Granger Drive in Feeding Hills. Michael is the son of Barbara Gillette of 28 Poinsetta Street in Agawam.

Tara is employed as a preschool teacher at Yeshiva Academy in Longmeadow. Michael is employed as a production and inventory analyst at The Kimball Companies in East Longmeadow.

The couple went to Hawaii for their honeymoon and now reside in Agawam.

## Riverside Cancels 2nd Blues, Brews & BBQ's Festival

*Traffic Plan To Be Completed  
Prior To Next Special Event*

The second Annual Blues, Brews & BBQ's Festival, New England's premier blues festival, has been cancelled for the 1998 season.

"While the first year of the blues fest was successful, we made a commitment to not host concerts until our three-tier traffic plan is completed," stated Ron Severt, Director of Marketing for Riverside Park. "At this point, those steps are not finalized and we will not host any special events until they are finished," he added.

The recently approved pedestrian bridge is expected to be completed and operational by the end of the season.

Acts scheduled to perform over the two-day event included Southside Johnny & the Asbury Jukes, Otis Rush, John Mayall, Jimmy Vaughn, and 12 other national, regional, and local acts. Attempts are being made by Get-A-Grip Productions to move the event to another location.

"It's certainly disappointing for us, as well as our blues fans," Severt stated. "Although we only expected 5,000 to 7,000 guests a day for this event, we made a promise to Agawam," he concluded.

Riverside Park is owned by Premier Parks Inc., the world's largest regional theme park company with 31 parks, including parks serving nine of the 10 largest metropolitan areas in the United States and six locations in Europe. The company annually hosts nearly 40 million guests.

A publicly held corporation with corporate offices in New York City and Oklahoma City, Premier Parks trades on the NYSE under the symbol: PKS.

*All the local news  
with us, every week!*

## Seventh Annual French Toast Breakfast Slated By Several West Spfld. Service Organizations

On August 30th, the West Springfield Parish and Interfaith Association, the Lions Club, UNICO, and the West Springfield Recreation Department will sponsor the seventh Annual French Toast Breakfast to benefit the West Springfield/Agawam Open Pantry.

The event will be held at the Lions Den on The Big E Fairgrounds from 8:00 a.m.-12:00 noon. Those attending will receive a hearty breakfast of French toast, sausages, fruit, orange juice, and a bottomless cup of coffee. Tickets are \$3 for adults, \$1.50 for children six to 12 years, and free for children under six.

Business supporters are welcome, and with a gold, silver, or bronze sponsorship, will receive complimentary passes to the breakfast, along with a certificate of recognition at the event. Please call Jennifer at the Pantry (734-7969) if interested.

Gloria Scully of the West Springfield Parish and Interfaith Association is once again organizing

the event, with the help of Arnold Boido and Ed O'Leary of West Springfield, UNICO, Bob O'Brien of the West Springfield Lions Club, and Dom Longo of the West Springfield Recreation Department.

UNICO will be handling the cooking, while the Lions Club will be coordinating the counter. Pat Lyman of the Parish Association and Kathleen Giannini, long-time Parish volunteer, will be serving your breakfast with a smile on the day of the event.

Congressman John Olver has volunteered to serve breakfast with Pat and Kathleen from 10:00-11:00 a.m. Also providing key support on the day of the event will be Don and Ginny Conklin, Kay Plourde, and Connie Sheridan.

Come on out and enjoy a delicious breakfast while supporting the work of your local emergency food pantry. One-hundred percent of the proceeds go directly to the agency to feed and clothe those in need.

## And A ... 5, 6, 7, 8 Learning To Dance Is Fun And Great At The Academy of Artistic Performance DANCE STUDIO

Community Shops, 1325 Springfield Street, Feeding Hills

**"Agawam's Finest Dancing School"**



Classes Begin  
September  
10th

Now In Our  
23rd Year  
Of Dancing  
Instruction

You've Tried The Rest.  
Now Try The Best.

**Special  
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\$19.75 (Family Discount)  
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**"OPEN HOUSE"**

Come in and meet the teachers, see our facility, and have a **free dance lesson** on the house anytime during the month of September.

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Your Child Is  
Always Number  
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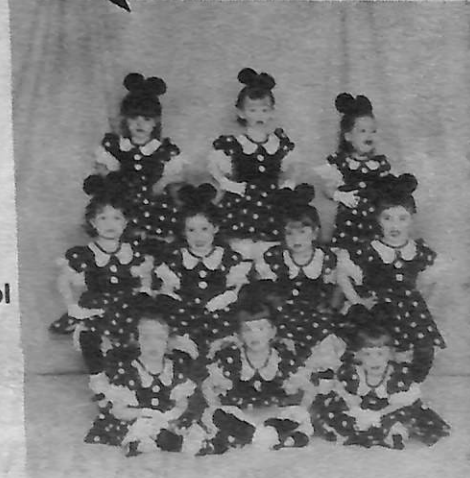
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**IMPERIAL POTENTATE JOHN C. NOBLES** (left) with **Philip E. Thomas**, Potentate of the Melha Shriners. Thomas will be among the Shrine officials on hand when Nobles is presented with a key to the city of Springfield on Friday, August 28th, at the downtown Sheraton Hotel.

## Feeding Hills Teenagers To Participate In 4-H Beef Show During The Big E

Katie Turnbull, 15, and Derrick Turnbull, 16, of Autumn Mist Farms in Feeding Hills will participate in one of Eastern States Exposition's prestigious 4-H shows held during The Big E in West Springfield. They have entered the 1998 New England 4-H Beef Show, which will take place Sept. 25th-27th.

The 77th edition of The Big E will be held Sept. 18th-Oct. 4th. During its 17-day run, 500 youngsters from New England will exhibit more than 1,000 animals in 4-H and youth livestock programs, competing for ribbons, awards, and cash prizes. As one of the largest agricultural shows in the East, The Big E's open livestock shows draw an additional 5,000 entries from the U.S. and Canada. The fair's 4-H/FFA Day is Saturday, Sept. 19th. Massachusetts Day is Thursday, Sept. 24th.

The Big E Dinosaur Encounter, brought to you by Sears, is the fair's premier exhibit of 1998. The mammoth beasts that dominated the earth 70 million years ago breathe, walk, and bellow again! Animated models as tall as 23 feet are brought to life by means of sophisticated robotics, lighting, and sound to produce a startling realism in the nesting, fighting, feeding, and other natural behaviors of these extinct giants.

Three weekends of world-class acts on the

Mohegan Sun Stage highlight an awesome free entertainment lineup. Headliners include the Charlie Daniels Band (Sept. 18th), the Village People (Sept. 19th), Martina McBride (Sept. 20th), Brian White (Sept. 26th), and Sawyer Brown (Sept. 27th). On the final weekend, music stars Faith Hill (Oct. 3rd) and Lynyrd Skynyrd (Oct. 4th) will bring a memorable close to the fair.

The majesty and power of heavy horse teams will reign Oct. 1st-4th for The Big E Draft Horse Show, the climax of which is the national North American Six-Horse Hitch Classic Series 1998 Championship Finals on Oct. 4th. Special 1998 exhibits also include a miniature circus and Magic Lantern Theater, the Victorian forerunner of the cinema. The Harvest New England Demonstration Kitchen will feature celebrity chef Mary Ann Esposito on Opening Day, Sept. 18th.

Everyone enters The Big E on Opening Day for \$6! Thereafter, adult admission is just \$10, children six through 12 enter for \$6, and tots five and under enter free. Admission on Senior Citizen Days (Sept. 22nd and 29th) is \$8 for those age 60 and over. After 5:00 p.m. (Mon. through Thurs.), admission is \$8. Two-day passes are \$16. For more facts, call (413) 737-2443, the 24-hour Info Line at (413) 787-0271, or visit online at [www.thebige.com](http://www.thebige.com).

## Potentate John C. Nobles To Receive Key To City Of Spfld.

Imperial Potentate of North American Shriners John C. Nobles will be presented the key to the city by Michael J. Albano, Mayor of Springfield, Friday, August 28th during a scheduled 9:00-11:00 a.m. meeting of the downtown Sheraton Hotel.

An El Paso, Texas resident, Nobles was elected Imperial Potentate in an assemblage of Shriners in June 1998 in Orlando, Florida. He also serves as Chairman of the Board of Directors of the 22 Shriners Hospitals for Children in North America. A 33rd Degree Mason and Past Potentate of El Maida Shrine in El Paso, Nobles devotes time to his church and hobbies, which include flying as a licensed pilot, skiing, tennis, and boating.

Attending will be Imperial Shrine Officers, including Ralph Semb, Deputy Imperial Potentate and a resident of Erving, Massachusetts who, in 1999, will be exalted to Imperial Potentate. Also attending will be Philip E. Thomas, Potentate, and Robert G. Spaulding, Chief Rabban of Melha Shriners in Western Massachusetts, who will be accompanied by their local Shrine officials at this event.

Nobles' visitation is in association with the Northeast Shrine Convention of 15 Shriners organizations from the Northeast and Eastern Canada to be held in Springfield and on The Big E grounds in West Springfield August 27th through August 30th. The complete nobility of Melha Shriners are honored to host the visitation of this most distinguished Shriner.

## Heritage Hall Seeks Volunteers For Area Community Groups

Heritage Hall Centers, a member of the Genesis ElderCare® network, currently has several volunteer opportunities for area community groups to get involved in the lives of our elderly residents.

Weekend volunteer opportunities include bingo, exercise, entertainment, and other large group activities in late morning and afternoon.

Come join our residents and see what a fun and rewarding experience it is! If you are a member of a local community group or civic organization who is looking for volunteer opportunities, we have a program for you!

Please contact Kimberly George, Director of Volunteer Services, at (413) 786-8000, ext. 217.

## ADVERTISER NEWS

On August 25, 1982  
You made all my  
dreams come true...

Happy 16th  
Bruce



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Mom and Your Family

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Our Own  
**Melons & Corn**

**F • R • E • S • H** from our Fields:  
Lettuce, Cabbage, Beets, Beans, Blueberries  
Green & Yellow Squash, Pickles, Cukes, Shell Beans  
Tomatoes, Carrots, Native #10 Potatoes and much more.

## Tom's Native Peaches!

**257 FEEDING HILLS ROAD, RT. 57  
SOUTHWICK, MA • (413) 569-6417**



## Agawam Police Explorers Searching For New Recruits

Are you interested in law enforcement? The Agawam Police Explorers Post No. 713 (affiliated with the Agawam Police Association and the Boy Scouts of America) are looking for new male and female recruits ages 14 to 21 who are interested in exploring the field of law enforcement.

The Police Explorers also take part in many activities like camping, security for Boy Scout events, traffic parking for The Big E, fingerprinting children (Ident-a-kid), and the Adopt-a-Highway program.

If interested, please contact James Antico at 789-0108 or attend the Police Explorer meetings every first and third Sunday of every month in the Faolin Peirce Community Room (located in the Agawam Police Station) at 7:00 p.m.

## Jr. Women's Club To Sponsor Scarecrow Booth At Fini's Farm

The Agawam Junior Women's Club will be sponsoring a Halloween Scarecrow Booth at Fini's Farm in October. This fun-filled event will give you and your family an opportunity to create a life-size scarecrow for holiday decorating.

Your assistance is being requested in preparing for this upcoming event.

As you are cleaning out your closets for the upcoming fall season, we are asking for donations of old clothing. Old pants (jeans and corduroys), shirts (flannel or denim are best), hats, pantyhose, and material for patches are needed. A large quantity of hay is also needed.

The Agawam Junior Women's Club needs your help in making this event a success. If anyone could possibly donate some of these items, please contact them at (413) 786-5540.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs.

— ADVERTISER NEWS —



MR. & MRS. JAMISON GOTTIER

## Barbara Wojciechowski Weds Jamison Gottier

Barbara Ann Wojciechowski and Jamison Gottier were united in marriage on June 6, 1998 at Chez Josef in Agawam.

The bride is the daughter of the late Mr. Stanley Wojciechowski and the late Mrs. Leatrice Wojciechowski, both of Agawam. The groom is the son of Clifford and Bonnie Gottier of Somers, Connecticut and Laurel Gottier of Vernon, Connecticut.

Christine Murphy attended as matron-of-honor and Steven Navikonis as best man. The bridesmaids included Jennifer McClintock, Ana Azahares, Sherry O'Neill, and Caren Councilman. Scott Meyers, Mike Catania, Mike Fiore, and Carl Lessard served as groomsmen.

The bride is a graduate of Agawam High School, STCC, Westfield State College, and American International College. The groom is a graduate of Somers High School. The couple will reside in Agawam following a honeymoon in Las Vegas.

## Ag. Senior Center's Weekly Lunch Menu

**Monday, August 24th:** Onion soup, chicken cutlet on a roll with tomato and lettuce, broccoli salad, fresh nectarine.

**Tuesday, August 25th:** BB pork ribs, sweet west rice, corn on the cob, whole wheat bread, chocolate pudding.

**Wednesday, August 26th:** Roast turkey, stuffing with gravy, zucchini squash, rye bread, chocolate chip cookies.

**Thursday, August 27th:** Chicken-paprika pie, tossed salad, bread sticks, peaches.

**Friday, August 28th:** Baked fish, rice Pilaf, beet salad, rye bread, canned pears. (Menu subject to change without notice.)

## 'Friendship Award' To Be Presented At Seniors' Dinner

At the Annual Awards Dinner to be held at Ferruccio's on Thursday, October 22nd, the Friends of the Agawam Senior Center will be presenting an award to a person who assists another person or persons who cannot do for themselves.

Anyone can nominate a person who is over 60 years of age and has done the above. Forms will be available at the Agawam Senior Center or from any member of the "Friends Board."

*The deadline for next week's Back-To-School edition is Monday, August 24th, at 5:00 p.m.*

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## Big E Discount Advance Tickets Are Now Available

Fairgoers who enjoy planning ahead will save \$2 by purchasing discount advance adults admission tickets to The Big E, which takes place September 18th-October 4th. Tickets are now on sale at The Big E Box Office in the Coliseum and, beginning August 23rd, will be on sale at all Stop & Shop supermarkets. Admission in advance is just \$8, and tickets must be purchased by September 12th.

Save additional dollars and purchase discount ride vouchers for \$10 (regular price - \$12) at both locations. Vouchers are good to ride all the rides on the Magic Midway on any Pay-One-Price day or may be exchanged for 30 ride coupons any day.

All advance admission tickets and ride vouchers must be purchased by September 12th.

Over one-million visitors are expected to attend this year's spectacular edition of "The Great New England Fall Festival." Fairgoers who want to bypass lines at the gates and get right to the festivities will be able to do so by purchasing their tickets in advance.

The Big E will delight and captivate fairgoers of all ages with a lineup chock-full of top-name entertainers; the prestigious Draft Horse Show, sponsored by Budweiser; The Big E Circus, under the Big Top, sponsored by Coca-Cola; Joie Chitwood's Thrill Show, sponsored by Town Fair Tire Centers; Magic Midway rides including the Crazy Flip and G-Force; premier livestock and agricultural programs; and mouthwatering regional and international foods.

To order advance tickets, call The Big E at 1-800-334-2443 or visit us on the worldwide web at <http://www.thebige.com>.

*Be sure to patronize your local businesses...*

## UNICO's 36th Annual Chicken Bar-B-Que Is Set For August 23rd

The Agawam Chapter of UNICO National will be holding its 36th Annual Chicken Bar-B-Que on Sunday, August 23rd once again at the Polish American Club in Feeding Hills.

The Bar-B-Que will be held from 12:00 noon until 3:30 p.m. in the pavilion of the Polish Club. The cost for this year's meal is \$7.50 for adults and \$3.50 for children 10 and under.

As in past years, there will be chicken, French fries, salad, corn, fruit drink, coffee, and watermelon.

All proceeds from the Bar-B-Que will be used to benefit Agawam UNICO and its many charitable

activities. Agawam UNICO is well-known for its commitment to the community and the residents of Agawam.

Agawam UNICO continually provides scholarships as well as helping Agawam's mentally and physically challenged citizens. The organization is also known for its contributions to the many student and civic activities throughout the community.

Anyone wishing to purchase tickets can obtain them from any UNICO member or at the door. This year's Bar-B-Que is being co-chaired by Frank M. Morassi and Ron Lalancette.

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Reverend Peter Monahan  
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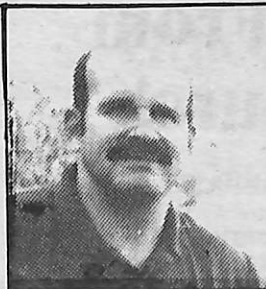
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# Church News



**Reflections...**  
submitted by  
**Rev. Peter Monahan**  
Pastor of the Church  
of the Apostles,  
Suffield, CT  
(860) 668-4444 or  
(413) 786-8735

## The Church's One Foundation Is Jesus Christ Her Lord

"The Church's one foundation is Jesus Christ her Lord; She is His new creation by water and the Word, from heaven He came and sought her to be His holy bride; With His own blood He bought her, and for her life He died." These words are the first stanza of a beautiful and well-known 19th century hymn written by Samuel Stone. It declares the fundamental basics of the Christian Church for almost 2,000 years. To be a Christian means one embraces Jesus Christ as one's own personal savior and Lord. One acknowledges one own's personal predicament apart from the saving grace which God alone provides.

There are some today who would seek to modify, if not entirely set aside, these fundamental basics of the Christian faith. Perhaps as a result of being influenced by living in a pluralistic society, some would suggest that we cannot embrace a too narrow understanding of how people are to relate to God.

"There are many roads up the mountain," they say. Living in a free society as we do, they are entitled to their opinion. However, we must also realize that what they say is simply not true, at least according to the historical and orthodox Christian faith.

Those who heard Jesus speak understood that His message stood in contrast to pluralistic religion. **Jesus went through one town and village**

after another, teaching as He made His way to Jerusalem. Someone asked Him, "Lord, will only a few be saved?" He said to them, "Strive to enter through the narrow door; for many, I tell you, will try to enter and not be able. When once the owner of the house has got up and shut the door, and you begin to stand outside and to knock at the door, saying, 'Lord, open to us,' then in reply he will say to you, 'I do not know where you come from.'"

Jesus was not being narrow-minded, nor harsh, nor bigoted when He said this. He was trying to warn His hearers from error. Jesus also said, "Very truly, I tell you, I am the gate for the sheep. All who came before me were thieves and bandits. Whoever enters by Me will be saved. The thief comes only to steal and kill and destroy. I have come that they may have life, and have it abundantly." When Jesus speaks of the narrow door, He doesn't mean to exclude people; He means to exclude false views of God.

God is not distant and unknowable. Indeed, He not only wants to be known by each of us, He can be! In Psalm 46 we read: **God is our refuge and our strength, a very present help in trouble. God is in the midst of the city; it shall not be moved; God will help when the morning dawns. "Be still, and know that I am God! I am exalted among the nations, I am exalted in the earth." The Lord of hosts is with us; the God of Jacob is our refuge.** These are not the words of Someone who is trying to exclude anybody, they are the words of invitation by Someone who invites everybody to be with Him.

God's invitation comes with an R.S.V.P. The narrow door is held open for us. Will we enter? We are not required to live apart from God in this life, nor to carry the burden of our sin into eternity alone. The thief came and stole. The thief came and destroyed. But **the Son of God was revealed for this purpose, to destroy the works of the devil.** Jesus also came that we may have life, and have it abundantly. As the final verse of the aforementioned hymn says, "O happy ones and holy, Lord, give us grace that we, like them the meek and lowly, on high may dwell with Thee."

## St. John's Over 60 Group Is Gearing Up For November Trip To Pennsylvania

St. John's Over 60 trip to Lancaster, Pennsylvania scheduled for November 3rd through November 6th will include a guided tour to Gettysburg National Park, admission to the Eisenhower Farm, and admission to the Electric Map.

A tour and wine-tasting at the Mt. Hope Winery, a visit to the Farmers' Market, three nights accom-

modations at the Comfort Inn Sherwood Knoll, and six meals are all included.

The trip is four days, three nights and includes four shows.

You do not have to belong to the Over 60 group. All are welcome to join. The cost is \$370 (double occupancy). If you are interested, call Lil Doyle at 786-9586 or Barbara Gingras at 786-7037.

*Rev. Monahan's "Reflections..." is a regular feature of the Advertiser News.*

## Parish News And Events From St. John's Church

### PARISH PICNIC — AUGUST 30TH

Only two weeks 'til our annual parish picnic at the VFW grounds on Sunday, August 30th, from 1:00 to 4:00 p.m.

Rudy Altobelli and Mariann Green are co-chairs for this year's event. If you have any suggestions for the 1998 picnic, please let them know or call the Rectory. We hope this will be a good family celebration, blending generations of old and young to have fun together.

Fr. Howard will lead the roster of DUNKIES for the Dunking Booth again this year. Volunteers for the Dunking Booth (over 18 years) are needed and are most welcome. Call Fr. Howard today.

### YOUTH COMMITTEE

This committee has had several preliminary meetings trying to focus on how best to inaugurate this committee to help meet some of the needs of our younger parishioners. This Committee is still open to suggestion from the parish family.

The Committee meets on the first Thursday of each month at 7:30 p.m. Call Judy Cross at 786-7664 or the Parish Office at 786-8105.

### SACRAMENT OF CONFIRMATION

Our Parish Community will be celebrating the Sacrament of Confirmation in October. If there are any adults who have not as yet been confirmed, please call the Parish Office at 786-8105.

On Tuesday, August 18th, a preparation course began at 7:00 p.m. in the Parish Center to refresh these parishioners' memories and "bring them up to speed." (We will just need a copy of your Baptismal record before October.)

### RELIGIOUS EDUCATION NEWS

(Time is getting short!)

CCD Registration for 1998-99: Come to the Parish Office during business hours. All registrations should be in by September 1st so the program can get off to a smooth start. But the earlier the better.

Child safety had led to a New Schedule for classes:

Grades 1-4 — Saturday morning, 9:00 to 10:00 a.m. (same).

Grades 5-7 — Tuesday evening, 6:15 to 7:15 p.m.

Grades 8-10 — Monday evening, 6:15 to 7:15 p.m.

Confirmation, Grade 11 — Monday evening, 7:30 p.m.

Classes start September 19th, 21st, and 22nd (Grade 1-10). Teachers are still needed. Training will be provided. Call Sr. Fran Gloster, 786-8105.

*Check our classified ads in each edition ... AAN!!!*

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## CAPITAL AVAILABLE



**Church News - continued...****Annual "Dozynki" To Be Held At St. Joseph's In Westfield**

St. Joseph's Polish National Catholic Church in Westfield will hold its annual **Dozynki - Polish Harvest Festival** on Sunday, September 6th.

The festival will be held from 12:00 noon until 7:00 p.m. at the parish Social Center and parish grounds, Main Street and Clinton Avenue, Westfield.

The harvest wreath, which will be blessed during the 8:00 a.m. Mass that morning, will be brought to the festival with the procession starting promptly at 2:00 p.m. The Dozynki program, highlighted by members of the parish dressed in Polish costumes and singing beautiful folk songs, will follow.

The St. Joseph's Dozynki Dancers will perform traditional Polish folk dances as well. After the program, the Leo Murawski Orchestra will provide music for your dancing pleasure from 3:00 to 7:00 p.m.

The Dozynki Kitchen will be open from 12:00 noon until closing. Of course, we'll have the Polish favorites—pierogi, golabki, kapusta, kielbasa, etc.—as well as American foods. There will be games for the children and the adults. There is no admission charge and the public is cordially invited.

We celebrate DOZYNKI, a Harvest Festival of Thanksgiving, and we are reminded of the old Polish traditions concerning the feast. A wreath, called either "wieniec" or "snop," is blessed by the priest on that day. Women of the parish will prepare and decorate the mound-shaped wreath, which is made of many kinds of grain, herbs, flowers, fruits, and vegetables and is adorned with red and white ribbons. The Dozynki singers, who represent the peasants, will bring the wreath to the festival and present it to the landlord and his wife, the "Pan" or "Pani."

The peasant singers offer special harvest songs, after which there is a time of merriment. Now that the harvest work is over, the dancing and feasting begin. Dozynki is a festival of praise and thanksgiving to our Heavenly Father for the goodness He has given us and it is a time to enjoy these gifts God has given us as well.

The St. Joseph's Dozynki Dancers is a group of young people from St. Joseph's Parish in Westfield. The Dozynki Singers are members from St. Joseph's Parish and other Polish National Catholic parishes of our area who have joined together to uphold this beautiful Polish tradition. Mr. & Mrs. Frank Schab will be the "Pan" and "Pani" of our harvest festival.

Mr. Lee Daniels, Chairman of the Parish Committee, and Very Rev. Joseph Soltysiak, pastor, extend a most cordial invitation to all to attend this year's Dozynki. We assure you that you will have an enjoyable time.

**Sacred Heart's Pack 75 Seeks New Scouts For September**

Scout Pack 75, sponsored by Sacred Heart Church in Feeding Hills, is looking for new members for the Pack's September starting date.

Openings are available for first grade Tigers and parents; second grade Bob Cats and Wolves; third grade Bears; and fourth and fifth grade Webelos.

There are Den meetings weekly and Pack meetings monthly. Den and Pack activities include District and Council events. Tiger events include "Tiger Quest" as well as the other Pack events, including popcorn sales, Bowl-A-Thon, Pinewood Derby, Cub Day Camp, Hike-A-Thon, Webelos Woods, Residence Camp, Blue & Gold Banquet, Memorial Day Parade, Halloween Party, Christmas Party, as well as field trips with their Dens.

If you are interested and would like more information, call 786-2309 (leave message and phone number).

**Why not surprise your loved ones with a "Birthday Ad" in The AAN. They cost just \$30, so bring in yours today...**

**Weekly Calendar Of Events From Agawam Congregational Church**

This Sunday, August 23rd, is the 12th Sunday after Pentecost. The Worship Service continues at 9:30 a.m. at Agawam Congregational Church, 745 Main Street, Agawam.

Rev. Fuller's Sermon will be: "No Excuses," taken from Text: Luke 13: 10-17. His Children's Message will be: "They Did It, Not Me!"

The Adult Education Classes will continue each Sunday morning at 11:00 a.m. in the air-conditioned church office, following the Worship Service.

All are welcome to attend these classes.

The Summer Church School curriculum for church school ages pre-school through sixth grade continues. The program curriculum, "The Whole People of God," will be held downstairs each Sunday following the Children's Message, where there will be one class for all the children attending.

This program will run through the summer months. This week's program will be led by Suanne Hansen and Debbie Most.

Registration for Fall Church School continues. Church School begins on Sunday, September 13th, for all grades.

The seventh through 12th grade students will meet at 9:00 a.m., and the Crib Room through

sixth grade children will meet at 10:30 a.m. (during the Worship Service).

To register or for more information, you may call the church office at 786-7111.

On Sunday, August 23rd, from 5:00 to 11:00 p.m., a Dinner and a Dance will be held in Bryan Hall, provided free of charge by the Christian Education Committee and featuring Youth Committee member D.J. Chuck Malloy of Music Celebration.

All are invited, including your children. Reservations are required.

Following the dinner, you may register your child(ren) for Church School and one of the five Youth Groups.

For more information, call the church office at 786-7111.

The Open Pantry item for this Sunday is tuna. Items collected will be donated to the Agawam/West Springfield Open Pantry.

The Big E Project has begun. Anyone interested in working at the Big E (for the church at the Storowton Meeting House Kitchen) may call the office at 786-7111.

We need waiters, waitresses, bus people, kitchen help, and clean-up people. This is a fundraiser for the church.

**Youth From First Baptist Church To Conduct Car Wash On August 22nd**

A car wash will be held in the church parking lot off Elm Street on Saturday, August 22nd. This event is sponsored by the youth of the church.

The hours are 10:00 a.m. to 4:00 p.m. Stop by and get your car sparkling clean, and at the same time support our youth.

Sunday morning worship, held at 9:30 a.m., will feature the morning message "Still Under Construction" by Pastor Richard Barnes. Scriptural text is from Philipians 3: 10-16.

Responsive reading will be led by "Dutch" Werthamer. Special music will be presented by Marianne Tompkins.

Greeters for the morning are Joyce & Steve

Bailey and Dorothy Jenks. Children's Church begins at 10:00 a.m. with stories and crafts focusing on the Old Testament.

Summer is almost over, and plans are underway for the Church School program in the Fall. A new class is being offered this season under the leadership of Rev. Mercedes Barnes and Marianne Tompkins, entitled "Discovering the Bible."

This will be held each Sunday morning following the coffee hour after morning worship.

Caring connection contacts for the month of August are Sharon & Doug Grabowski, tel. (860) 668-0450.

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**Fall classes start September 15.**

Attend registration and information sessions on August 26 & August 27, from 6 p.m. to 7:30 p.m. at the Powdermill Middle School on Route 57 in Southwick. Or call 552-2950 for more information.



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**Church News - continued...****Grace Lutheran Church Slates Annual Tag Sale**

Grace Lutheran Church, located at 1552 Westfield Street in West Springfield, will hold its annual tag sale/flea market and bake sale on Saturday, September 12th, from 9:00 a.m. to 3:00 p.m.

There will be something for everyone, including collectibles, new and used items, adult and children's clothing, and toys.

In addition, there will be a baked goods table with homemade cakes, pies, cookies, jams, and jellies. Coffee and donuts, hot dogs, and soft drinks will be on sale.

In the event of rain, the sale will be held in the church hall, with parking at the rear of the church.

Anyone wishing to rent space may do so by calling the church office at 734-9268, Monday through Friday, between 9:00 a.m. and 12:00 noon. The cost is \$10 per space, or \$15 with an eight-foot table.

*Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays ... AAN!!!*

**St. David's Episcopal Church In Feeding Hills Seeks Assistance For Serbo-Croatian Family**

On July 3rd, a Serbo-Croatian family of four arrived in Massachusetts from the former Yugoslavia.

Ilija (34) and Jelka (30) Popovic, along with their children, Dijana (10) and Slobodan (7), immigrated under a Department of State program for refugees from the war-torn area. The family will live in Westfield, near Jelka's brother, Milan Vrankovic, and his family.

The family is being assisted by St. David's

Episcopal Church in Feeding Hills as part of the Episcopal Migration Ministries. St. David's will assist in collecting donated goods, getting necessary medical attention, learning English, and seeking employment.

For information on how to donate goods, please call 786-6133. Cash donations may be made to: Refugee Resettlement Fund, Attention Craig Reed, 699 Springfield Street, Feeding Hills, MA 01030.

**Providence Ministries To Hold Fifth Annual Outdoor Craft Fair On Sunday, August 30th**

Providence Ministries for the Needy, Inc. will be holding its fifth annual outdoor "Craft Fair" at the Knights of Columbus Council 4044 on Memorial Drive (Route 33) in Fairview on Sunday, August 30th, from 9:00 a.m. to 4:00 p.m.

Not only will the fair exhibit a number of talented crafters from our area, but also many other events will be occurring throughout the day.

WMAS radio will be hosting the event and will be joined by the Beavers Club, which will be running a food booth. In addition, mouthwatering bak-

ed goods will be on hand for sale, many raffles will be conducted throughout the day, and games for the kids (along with an appearance by the K of C clowns) will be the order of the day.

So whether you are a crafter or a connoisseur of fine, individually crafted art, don't miss out on this extravaganza of events that will be held rain or shine!

For further details on the fair, or to obtain an application for participation, please call PMN at (413) 536-9109.

**St. Thomas Church Seeks Crafters For Holiday Craft Fair**

The Women's Club of St. Thomas Church, Westfield St. (Route 20), West Springfield is accepting applications from crafters interested in participating in its sixth annual Holiday Craft Fair to be held Saturday, November 7th from 9:00 a.m.-3:00 p.m. in the school gymnasium.

For further information, please call 737-2166 or 737-4145.

**Applications Being Taken For Sacred Heart's Tag Sale**

Applications are now being accepted from craftspeople or those interested in having a tag sale for the Annual Tag/Craft Sale held in the parking lot of Sacred Heart Church in Feeding Hills.

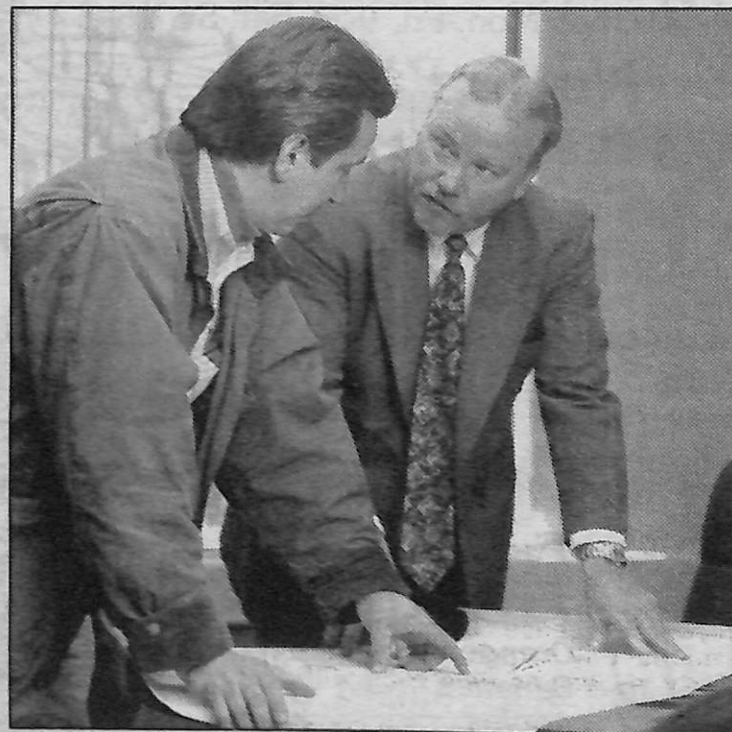
The sale will be on Saturday, September 12th from 9:00 a.m.-3:00 p.m.

For more information and an application, call 786-4966.

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## Spotlight On Business

### Legal Memo

by

Alan L. Ferrigno, Esq.  
546 Springfield St., F.H.  
(413) 786-9454



#### Negligence - Personal Injury Fall Of High Chair In Store

Where (1) a plaintiff customer squatted down to check the price tag placed on a high chair in the defendant's store, (2) the high chair fell forward, striking the plaintiff's nose, and (3) the plaintiff sued the defendant for negligence, a judge acted properly in granting judgment to the plaintiff, as evidence showed that the defendant placed its high chairs in a precarious position on the display shelf and that such negligent placement was the proximate cause of the plaintiff's injuries.

The court determined that the chair had been placed on the shelf in such a way as to render it unstable upon even slight contact. The court found, as a matter of fact, that the display shelf was so slightly wider than the chair that even the most modest movement by an employee or customer would leave the chair precariously, but not obviously or noticeably, perched over the edge of the shelf and susceptible to tipping on

even the slightest pressure.

As a business owner, the defendant herein owed a duty of ordinary care to its patrons to maintain the store premises in a reasonably safe condition, and to warn against any danger of which patrons were unaware but which was known or should have been known to the defendant. Liability in negligence may be found when the plaintiff's injuries resulted from a dangerous condition on the premises which the defendant either created, had actual knowledge of, or should have become aware of and remedied in the exercise of reasonable care.

There was sufficient evidence to permit the reasonable inference that the precarious placement of the high chairs on the store display shelf was the proximate cause of the injuries sustained by the plaintiff. The plaintiff's mother testified that prior to her daughter's injury, she had tried to remove the tray from another high chair and the high chair fell off the shelf.

He uncontested testimony that the high chairs were precariously, but not noticeably, perched over the edge of the shelf and susceptible to tipping upon even the slightest pressure was corroborated by photographs of the display presented at trial. The photographs, which show the unstable placement of the high chairs on a shelf that was not wide enough to hold them, constituted additional evidence of negligence.

The jury award was for the plaintiff.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts.

### Pam Savioli

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#### Fighting Mildew...

Bathrooms, basements, and other humid areas can be havens for mildew — and they need frequent cleaning to remain sanitary and odor-free.

Good ventilation is a key in the fight against mildew. In your bathroom, install an exhaust fan that is vented directly outdoors. Run it frequently and crack open the windows whenever weather permits.

In your basement, combat any serious moisture problems by regrading, adding a sump pump, or through other waterproofing measures. Consider painting walls with water-resistant paint. Keeping a dehumidifier running is an important step.

Since mildew can destroy a paint job, kill mildew before painting. Use a one-to-one mixture of bleach and water to clean walls and ceilings.

After killing the mildew, it's a good idea to add a coat of shellac or stain-killing primer to keep mildew from growing again in the same spots. For extra protection, put an anti-mildew additive in the paint, or choose a paint that is mildew-resistant.

For more household tips, call Pam Savioli at (413) 748-7565.

Attorney Alan L. Ferrigno's "Legal Memo" is a regular feature of The Agawam Advertiser News...

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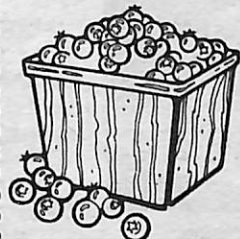
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Lettuce  
& More

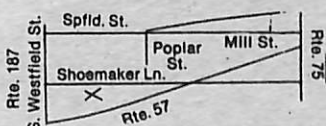


Native  
MacIntosh Apples  
Blueberries

Peaches  
Melons

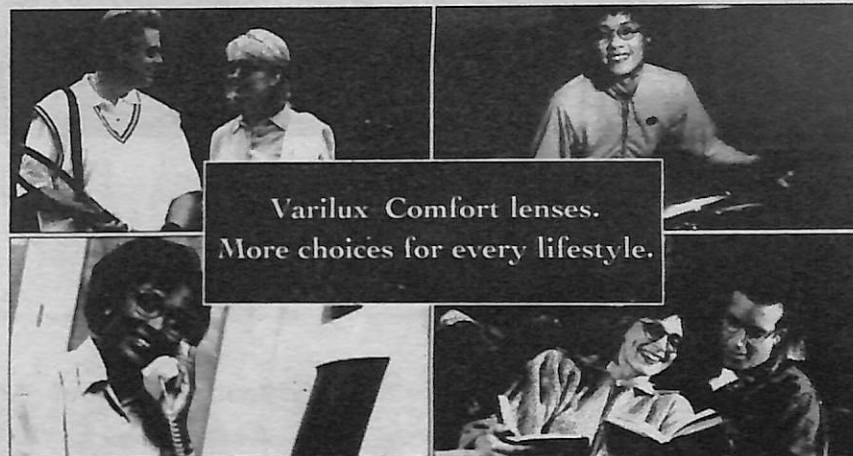
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*Spotlight On Business - continued...*

## Travel Talk...

by Lori Keeley, CTC  
Travel Connections, LTD  
10 Chestnut Street  
West Spfld., MA 01089

### St. Simons Was Wonderful!!!

(Writer's note: The following letter comes from Mrs. Jan Noonan, who just returned from a visit to St. Simons, Georgia. The closest airport to it is in Jacksonville, Florida.)

Dear Lori:

Just wanted to let you know we had a wonderful time at St. Simons. The weather was perfect with a constant breeze every day. We couldn't have had better weather, and that's probably because we were staying right on the beach.

The flight was also great. By the way, we were able to upgrade to first class, which made it super! We had a wonderful, relaxing vacation.

The Beach Club condo worked out very well for us because it was a one-bedroom condo; most of the condos we saw had two or three bedrooms (which were probably geared more towards families). We were on the beach in a matter of minutes from our room, which worked out super. They also had a very nice pool, but we personally prefer the ocean.

We rented beach lounge chairs and an umbrella for the week, and we basically had the same location every day. The college boys working at the beach service were so accommodating and extremely polite and friendly. The beach chairs had to be the most comfortable lounge chairs we've ever had at any beach resort.

If you rent by the week, I think it cost about \$15 as compared to \$19 if you rent by the day. You get a large umbrella and two beach lounge chairs.

The sand is hard near the water, so you can even ride bikes on the beach. As a matter of fact, they had three-wheel small bikes (something like a "Big Wheel" that little kids ride) that you could rent to ride on the beach. Both kids and parents were renting them.

The St. Simons Grand and The North Breakers Condos looked gorgeous, but they were a lot more expensive and were two- and three-bedroom units. The oceanfront condos looked spectacular!

It appeared a lot of families go to St. Simons. On the beach, there were all kinds of water sports, including sailing, surfing, rafts, canoes, and renting regular two-wheel bikes. At night, all the kids with their families bring their kites down on the beach and everyone sits around and watches them. There were some beautiful kites and, with the constant breeze on the beach, it was perfect for flying kites.

Downtown shopping in St. Simons is small but very nice and quaint with all kinds of little shops. Near the shopping area in town, there is also a miniature golf course, a park area with benches, and the lighthouse.

St. Simons appears to be a very affordable island to live on from what we could see. And even when it comes to tourists, they do not take advantage. We bought food and beverages, and they were the same price we pay here. It's not like going to the islands, where everything is very expensive.

The restaurants were very good. One of our favorites was the "Chelsea" restaurant on Ocean Boulevard with fresh seafood, pasta, veal, and lamb steaks (excellent!). Another good restaurant was the Frederica House, which had very good steaks, and the Mullet Bay restaurant located downtown with indoor and outdoor dining, a very casual atmosphere, and moderate prices.

St. Simons has many attractions like the St. Simons lighthouse, which you can climb. You can also visit the Bloody Marsh battle site, the Fort Frederica national monument, etc. (these are just a few things to see). We also traveled to Jekyll Island, which is a restored historic district.

Sea Island is very expensive and features the "Cloisters Resort," which is a five-star resort and extremely expensive. We did not eat there; we just

went to see it. The women were dressed in sequins and very expensive dresses, and the men were dressed in suits and ties. Even the little boys were dressed in suit jackets, and the little girls were all dressed up (so I'm sure you can get the picture of how expensive that place had to be).

We spent a day in Savannah, which was "real neat" (walking on the waterfront and going in all the unique shops). Talk about a historic area — that was great! The cobblestone streets and brick walls were great, and there were also unique restaurants right on the riverfront walk.

The drive from St. Simons to Savannah took just a little over an hour (which wasn't bad at all; this was about the same time that it took us to drive from Jacksonville, Florida, to St. Simons). Everyone should visit Savannah.

All in all, "The Golden Isles of Georgia" are very nice and the people are all very friendly. The only thing you don't get at the beaches in Georgia is the crystal-clear blue water like you do in the Caribbean, but we're just spoiled (hah!).

Also as a note, there is one access on and off the island of St. Simons, which is by a causeway. Every time you go on the causeway back onto the island, you pay 35 cents. However, you wouldn't even have to go off the island if you didn't want to; it has everything you need.

As for retirement living, both North Carolina and St. Simons, Georgia, are both beautiful areas from what we have experienced. However, we still want to explore more of the west coast of Florida. We particularly like the Fort Myers area.

Therefore, when you get a chance, could you send me some brochures on one-bedroom condos in the Fort Myers area (preferably Sannibel)? We definitely like the condo-type living while we're on vacation. Also, does USAir have any direct flights to Fort Myers?

Thank you again for making our trip very enjoyable!!!

Jan Noonan

If you have any questions or concerns regarding travel, you can write to Lori Keeley, Travel Connections, LTC, 10 Chestnut Street, West Springfield, MA 01089. Thanks for reading The Agawam Advertiser News.

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**Spotlight On Business - continued...****Spfld. House Hunters Pleased With Molta Assoc. & Ethan Allen**

In an age defined by consumer preference toward value, convenience, and a focus on the home environment, COLDWELL BANKER KEENAN & MOLTA ASSOCIATES hit the mark with its unprecedented Spring 1998 pairing with Ethan Allen.

The office's recent participation in the "Spring Into a Beautiful Home" promotion proved a natural combination for consumers in the real estate market. Coldwell Banker Real Estate Corporation reports that the promotion generated more than 160,000 entries. Out of consumer entries, an estimated 28% were interested in either buying or selling a home.

"As soon as we saw the high level of sweepstakes entries through our open houses and through COLDWELL BANKER Online, we knew we were creating new opportunities for all involved in the real estate process," said Robert P. Molta, President. "We are pleased to have participated in this exciting promotion, and offer the greater Springfield community the chance to win Ethan Allen's elegant and beautifully crafted furnishings."

COLDWELL BANKER KEENAN & MOLTA ASSOCIATES have sales offices in five convenient locations throughout the greater Springfield area: Southwick, 569-0137; Westfield, 568-0702; Agawam, 789-9890; Longmeadow, 567-8931; and Springfield, 783-2000.

The company is proud to serve your real estate, mortgage, and relocation needs: Corporate, 567-0138; Cendant Mortgage, 567-7220; Relocation, 567-8931.

Coldwell Banker Real Estate Corporation, a subsidiary of Cendant Corporation (NYSE:CD), franchises more than 2,800 independently owned and operated real estate offices with nearly 62,000 sales associates throughout North America.

In addition to servicing the full spectrum of the residential real estate market, COLDWELL BANKER is an industry leader in the sales of luxury homes through its Previews program, and vacation homes through its Resort Property Network program.

COLDWELL BANKER Online, one of the most comprehensive real estate industry web sites, is located at <http://www.coldwellbanker.com>. For more than 90 years, COLDWELL BANKER has been North America's premier full-service provider of real estate services.

*From The Longaberger Company...*

**Pamela Hughes Named National Sales Award Winner**

The Longaberger Company recognized Pamela Hughes as a 1998 National Sales Award winner at its annual convention held in Columbus, Ohio, for generating annual sales of more than \$45,000.

Hughes, from Agawam, received among other gifts, an exclusive Longaberger Basket® with a special brass tag and engraved lid as well as on-stage recognition as one of 550 Independent Sales Associates nationwide achieving this level of sales.

The four-day national convention, known as the Bee®, attracted more than 12,000 Longaberger Independent Sales Associates from around the U.S. Attendees had the opportunity to network with other Associates from around the nation, attend a full range of Longaberger University® training sessions designed to assist Sales Associates in refining their booking, selling, and sponsoring techniques and participate in the awards and recognition ceremonies, like the one conducted for Hughes.

More than 43,000 Longaberger Independent Sales Associates across the nation market and sell Longaberger products, including a full line of Longaberger Baskets; an exclusive line of pottery and dinnerware; fabric liners and accessories; Woodcrafts® dividers and lids; and wrought iron products through home shows.

The Longaberger Company, a Forbes 500 privately held company, is a \$611 million direct sales company and a member of the Direct Selling Association, a national trade organization comprised of companies that uphold the highest standards in the direct selling industry. The company, based in Newark, Ohio, was founded in 1973 by Chairman and CEO Dave Longaberger and is celebrating its 25th year in business.

Today, the company is run by Longaberger's two daughters, Tami Longaberger, president, and Rachel Longaberger, senior vice president, along with their father. The company employs more than 6,000 people.

**Charlie Alvanos Receives Financial Planning Seal**

Charlie Alvanos of Feeding Hills, CFP, Senior Financial Advisor with the Holyoke office of American Express Financial Advisors, has been awarded the 1998 DALBAR Seal for Financial Professionals, recognized for his accomplishments for clients over his 14-year career in financial services.

DALBAR's rating program, called Excellence & Trust, was created in 1997 to help consumers identify the nation's most trusted and qualified personal financial advisors, as well as to help advisors improve their service to clients. DALBAR, founded in 1976, provides consumer-focused research for the financial services industry.

The DALBAR Seal is awarded to financial professionals who meet stringent requirements acknowledged by the Securities & Exchange Commission (SEC) and who receive above-average ratings from their clients for financial results, trust, satisfaction, and overall advice quality.

The DALBAR program measures actual experiences of clients with their financial professional. Those advisors who earn the DALBAR rating are not only highly rated in terms of service to clients, they must meet standards of excellence and maintain a clear regulatory record.

"This recognition comes at a time when consumers are looking for professionals they can trust, especially in terms of their financial futures," said Louis S. Harvey, DALBAR's president. "The award reinforces the credibility this advisor already has with his clients and positions him among the top financial professionals nation-



**CHARLIE ALVANOS**

wide."

Alvanos specializes in investment, retirement, and estate planning and has been with the Holyoke office of American Express Financial Advisors for 14 years.

American Express Financial Advisors, formerly IDS, offers financial planning and the products and services to implement those plans through a nationwide network of more than 8,700 financial advisors. The company, founded in 1894, owns or manages more than \$195 billion in assets.

**Keenan & Molta Associates Announce First Quarter Sales Awards For 1998**

Robert P. Molta, President of COLDWELL BANKER KEENAN & MOLTA ASSOCIATES, is proud to announce the 1998 first quarter sales awards.

The Longmeadow office ranked among the top five brokers in listings sold and closed revenue units. The Agawam office ranked among the top five brokers in buyer controlled sales.

In the company's Springfield and Agawam offices, LINDA SANTINELLO and CHET KASPEREK ranked among the top 10 in buyer controlled sales.

COLDWELL BANKER KEENAN & MOLTA ASSOCIATES have sales offices in five convenient locations throughout the greater Springfield area: Southwick, 569-0137; Westfield, 568-0702; Agawam, 789-9890; Longmeadow, 567-8931; and Springfield, 783-2000.

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Loin End Roast	\$1.69 Lb.
Rib End Roast	\$1.39 Lb.
Boneless Pork Roast (Cut From Loin Or Rib End)	\$1.99 Lb.
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5 Lbs. Or More	\$2.49 Lb.
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5 Lbs. Or More	\$1.69 Lb.
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Fresh Hamburg Patties (2 Lb. Box - 10 Patties)	\$4.49
Frozen Hamburg Patties (5 Lb. Box - 25 Patties)	\$8.99
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# For Your Health



## Your Back And Your Health

by Dr. Joseph S. Schlaffer  
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Agawam

### Recovering From Spinal Conditions

Once in pain or afflicted with a spinal condition, a patient seeks to get well as quickly as possible. Often they want to know what can be done to speed the healing process. Since many problems are often the result of years of neglect or improper activities, the answer is not simple.

While there aren't any shortcuts to speed your body's natural healing process, here are some things you can do to give yourself the best chance of quick recovery.

Learn proper sitting and lifting methods. Specific exercises may be suggested to help retrain the muscles that support your spine.

Proper rest is an important aspect of the healing process, too. Get the appropriate amount of rest your body needs and avoid sleeping on your stomach.

During the healing process, proper nutrition is more important than ever. Make sure you eat balanced meals, and if you're overweight, now would be a good time to slim down and reduce unnecessary stresses to your spine.

Perhaps most important of all, keep your appointments and follow your chiropractic doctor's recommendation for optimum results.

Dr. Joseph Schlaffer and his wife, Dr. Katherine Schlaffer, have been helping sick people get well, naturally, for over 20 years. Call 789-1369 or 789-1073 for an appointment.

*Dr. Schlaffer's  
"Your Back And  
Your Health" is a  
regular feature  
of The AAN...*

## Program For Persons With Mental Illness & Substance Abuse

The Alliance for the Mentally Ill of Western Massachusetts, Inc., has announced that a program on "Treatment For Persons With Dual Diagnosis" will take place on Wednesday, September 2nd, beginning at 7:00 p.m. at the First Baptist Church in Holyoke, Route 5 at the corner of South Street. (Directions: From I-91, take exit 16, turn right on Route 5; five blocks, on the left.)

More than half of those with major mental illness also have a problem with alcohol or substance abuse. Two problems may be twice as difficult to solve, but there is hope! Come and hear how this innovative program works.

The speakers will be Tom Fox, M.D., Chief Medical Officer of the Mental Health Center in Greater Manchester, New Hampshire, and Lindy Fox, M.A., C.A.D.A.C., of the Dartmouth Psychiatric Research Center in Concord, New Hampshire.

For further information, call the Alliance for the Mentally Ill of Western Massachusetts, Inc., at 786-9139.

## Mercy Hospital Cancer Program To Focus On Relaxation Techniques

The benefits of relaxation and visualization techniques will be the focus of Mercy Hospital's next "Living With Cancer" program on Monday, August 24th, beginning at 7:00 p.m. in the hospital's Deliso Conference Center, 299 Carew Street, Springfield.

The monthly "Living With Cancer" series is co-sponsored by Mercy Hospital and the American Cancer Society, and focuses on topics of interest to cancer patients, their families, and friends.

Advance registration is not required. For more information, call Sr. Madeleine Joy, S.P., (413) 748-9453.

## ADVERTISER NEWS

## 'Parents Anonymous' Has Local Group Mtgs. In Westfield

Parents Anonymous (PA) is a free and confidential support group for parents who would like their relationship with their children to be less stressful. At PA, parents have an opportunity to talk with others who may be having the same problems and fears and learn to deal with the stress of parenting in ways that are healthier and happier for the entire family.

Parents are welcome to join at any time and there are no fees or dues. Free child care is provided, and local groups meet in Westfield.

If you are interested in joining this special group, please call the Western Massachusetts Regional Coordinator at 731-5051.

## Caregivers' Support Group To Begin Sept. 14th At Senior Center

A caregivers' support group will begin at the Agawam Senior Center, 68 Meadowbrook Manor, on September 14th from 6:00 to 8:00 p.m.

This group will be facilitated by the Agawam Counseling Center and Gail Freeman, Deputy Director of the Senior Center.

For more information, call Gail at 789-7199.

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*For Your Health - continued...*

## Food for Thought

by Nancy Dell  
Registered Dietician

### Power Snacking For Kids!!

Does your child seem hungry all the time? Are you concerned that eating between meals leads to obesity, tooth decay, or a spoiled appetite?

Worry no more! Done right, snacks play a big role in children's daily nutrition. Because of their small stomachs and high energy needs, regular meals and two to three snacks each day are a must. Kids who are cranky, anxious, and sluggish may simply be low on fuel.

**Quick Tip No. 1:** Make a snack plan with your child. Together, make a list of nutritious snacks that your child likes and can make alone. Agree on a plan to make sure there is always enough of the necessary ingredients. Post the list on the refrigerator.

We sometimes think of "snacks" as low-nutrient foods like fried chips, soda pop, and candy. Healthful snacks give kids energy to keep growing and going, whether at school, scouts, or on the soccer field.

#### EVERYDAY SNACKS

Think of snack time as a "mini-meal." Emphasize nutritious foods from the Food Guide Pyramid. Try for at least two different food groups in each snack. Beware of fruit juices and fruit flavored snacks that have lots of energy but little nutrition. The list below gives some ideas of easy-to-fix foods that kids love:

- Peanut butter & fruit sandwich on whole wheat bread (try applesauce, sliced banana, or raisins)
- Fresh vegetables dipped in ranch dressing or peanut butter
- Low-sugar cereal with milk
- Pretzels and string cheese
- Mini bagel sandwich made of lean turkey, lettuce, and a dab of mayo or mustard
- Pita bread stuffed with tuna, tomato slice, and sprouts
- Fresh fruit dipped in yogurt.

**Quick Tip No. 2:** A snack before dinner does "dual duty" for hungry kids and busy parents. Serve cut-up fresh fruit or crunchy veggies while you are making dinner. This nutritious pre-dinner snack will keep rumbling tummies quiet and kids happy until dinner is ready.

#### PACK-A-SNACK

Pack healthful snacks for kids on the go! Lockers, backpacks, and gym bags are great places to stash non-perishable goods such as peanuts, popcorn, pretzels, low-fat granola bars, crackers, or dried fruit. Fluids are important, too! Keep a water bottle nearby.

**Quick Tip No. 3:** Keep a supply of non-perishable snacks tucked away in your car. You never know when you might be running late or get stuck in traffic.

Nancy Dell, MS, is a registered dietitian in private practice in Feeding Hills and the media representative for the Massachusetts Dietetic Association.

*Our annual  
Back-To-  
School issue  
is next week;  
therefore,  
our deadline  
is on Mon.,  
August 24th,  
at 5:00 p.m.  
Thank you  
for your  
cooperation  
in this  
matter...*

## Fitness Tips... When To Exercise

by Carmela A. Kirk, RN  
Fitness Consultant, Fitness First

This decision involves a lot of different factors. When is your high energy time? What is your personal preference? Job and family responsibilities are certainly a main factor.

The availability of exercise facilities needs to be considered. How about the weather; will that influence your workout time? It is important to schedule your workout time when there is little chance of it being interrupted or cancelled. There are also a few safety considerations to follow.

Immediately upon waking is not a good time. Give yourself a few minutes to loosen up your joints and let your heart rate and blood pressure wake up. Also, it is so important to fuel before you jump into a workout. Something light, and let it absorb for a half hour, then it is fine to get started.

Another not-so-good time is after a main meal. Your body responds to meals by redirecting blood flow to the digestive organs. Especially if it is a big meal, your heart is already very busy. Don't ask it to provide blood to working muscles; you'll just be asking for trouble. You should not exercise during extremely hot, humid weather. This heat, like digestion, places heavy demands on the circulatory system and combining that with exercise can be an overtaxing double load.

The hour just before the event meal is a popular time to exercise. This late afternoon workout provides a welcome change of pace to a sometimes hectic, stressful workday, leaving you relaxed and ready for an evening with the family. Another popular time is early morning before work. Wake with the sun, or a little before. Have a piece of toast, light peanut butter, a small glass of juice, read the paper, or drive to the gym and have an incredible start to your day.

I never would have considered this for myself; 5:30 a.m. seemed like just a wonderful time to always be in bed. Then I was assigned to teach the 5:30 Body Pump class. I am hooked! Not only was I shocked to find the class full, but they were all hooting and hollering and having a blast!

Then to top it off, I got home, cleaned my house, and showered and dressed before the kids were even up! Be warned, the 5:30 spinning class fills up even quicker! Advocates of the early morning workout say it makes them more alert and energetic for the workday.

\* \* \*

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is another reason  
why you turn our  
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every week...*

\* \* \*



**Chiropractic  
Care  
by  
Dr. Tami Nelson  
Chiropractic  
Physician**  
Hampden County  
Chiropractic  
850 Springfield St.  
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### Is It A Chiropractic Problem?

When I was in chiropractic college, I worked on an oral history project interviewing and recording chiropractors that had been in the field for decades. Over the years, I have interviewed several chiropractors.

Some of the questions asked included how many years were spent as a chiropractor, how did they get involved in the profession, where did they work, etc. The stories were fascinating to hear. The profession has changed considerably in many aspects, yet the basic premise of getting people well and keeping people well by use of hands-on techniques is still predominant. What seems to have changed is that chiropractic college is focused on training D.C.'s (doctors of chiropractic) in diagnostic techniques.

Chiropractors are very good at diagnosing the cause of a problem and referring the patient to the appropriate professional for care if the problem does not fall within the scope of chiropractic. The hands-on technique of manipulating the spine is still utilized today and has changed very little.

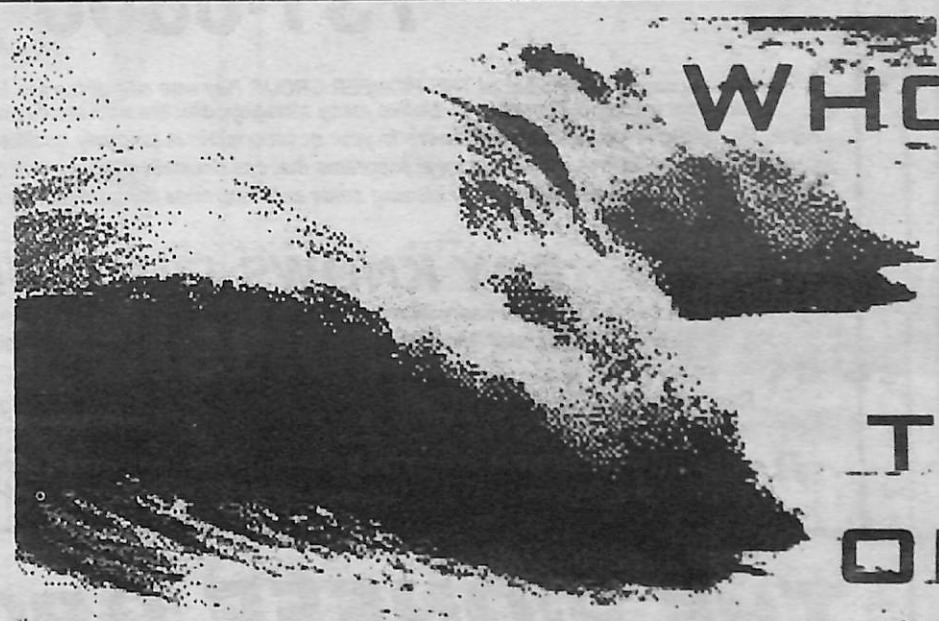
One of the interesting questions I would ask the chiropractor was, "Have you ever had a chiropractic 'miracle,' an interesting effect that happened after an adjustment? One modest man stated that he had no miracle, but had an interesting situation.

He treated a woman patient for years for low back pain. One day, she woke with neck pain. She came into the office and he adjusted her neck. The next time he saw her, she was very excited. She stated, "Guess what? I can smell!" He asked, "What do you mean?" She explained that for years she had been unable to smell anything. She had never told him that she had no sense of smell. After adjusting her neck, the proper motion was restored and, thus, the nerve started to function again. In this case, the cause of the problem was due directly to the nerve not functioning properly.

Chiropractic adjustments directly affect the nervous system, thus, after restoring proper motion, the nerve function was restored. If you are not sure if your condition may be a chiropractic problem, call our office today to schedule a consultation.

Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, 786-4820.

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For Your Health - continued...

## Programs, Classes, & Events Sponsored By Noble Hospital In Westfield

**Free Athletic Injury Clinic:** Thursdays, September 3rd and 17th, 5:00 to 7:00 p.m. At Noble Hospital's Sports & Rehabilitation Center, 76 Main Street, Westfield.

During this clinic (which is held on the first, third, and fifth Thursdays of every month), athletic injuries are evaluated by a certified athletic trainer and, based upon the evaluation, remedial exercises or physician referral may be recommended.

For an appointment, call 562-3522.

**"Hearts and Flowers":** A heart-smart BBQ dinner and informational retreat presented by Noble Hospital and Stanley Park. Tuesday, September 1st, 3:00 to 7:00 p.m. At The Pavilion at Stanley Park, Westfield. Cost: \$8 per person.

\* 3:00 P.M.: Reed Shneider, M.D., Board Certified Cardiologist - "Relaxation and a Healthy Heart".

\* 3:45 P.M.: Baiqing Li, Tai Chi Master Instructor - "Demonstration of Tai Chi."

\* 4:15 P.M.: Mark Lavoie, Executive Director of Stanley Park - "Informal Discussion in Herb Garden." (Light refreshments will be served.)

\* 5:00 P.M.: Robert Rivest - "Robert Rivest Mime Theater Performance."

\* 6:00 P.M.: "Heart Smart BBQ Dinner." Available for Q & A - Tricia Porter, R.N., B.S.N., Director of Cardiac Rehab, Noble Hospital, and Lynne Jasak, M.S., R.D., Registered Dietitian, Noble Hospital.

Seating is limited and advance registration is required. For a registration form or additional information, call Noble Hospital's Health Beat at (413) 568-2328.

**Cosmetic/Plastic Surgery with Dr. Gary Russolillo:** Tuesday, September 15th, 6:30 to 7:30 p.m. At Noble Hospital, 115 West Silver Street, Westfield.

Gary E. Russolillo, M.D., will present a lecture about Body Contouring Surgeries, Lip Enhancements, Facial Surgeries, and Skin Care Pro-

cedures. Also included will be a live chemical peel demonstration.

The presentation will be followed by a complimentary personal consultation. Registration is free, and seating is limited.

Pre-registration is required. To register, call Noble Hospital's Health Beat at (413) 568-2328.

**Bronson Rehabilitation Unit at Noble Hospital Sponsors Annual Picnic In Honor of "National Rehabilitation Week":**

In honor of "National Rehabilitation Week" (September 13th-19th), the Bronson Rehabilitation Center at Noble Hospital in Westfield is sponsoring a picnic for past and present patients and their families.

The picnic will be held on Tuesday, September 15th, from 11:00 a.m. to 3:00 p.m. on the Mill Street lawn of the hospital.

The picnic will be free of charge, fun, and informative. Please call 572-5151 if you plan on attending.

(In case of rain, the event will be rescheduled.)

**Female Incontinence (Find Out More About It!) with Dr. Ronald Catanese:** Monday, September 21st, 6:00 p.m. In Conference Room A at Noble Hospital.

More than 15 million American women suffer from urinary incontinence! Come join us and learn more about the most common forms of Female Urinary Incontinence, the factors contributing to this problem, and the newest treatments available.

This lecture is free of charge and open to all. Seating is limited.

Pre-registration is required. To register, call Noble Hospital's Health Beat at (413) 568-2328.

**Smoking Cessation - "Forgetting Cigarettes":** Sundays, September 20th and 27th, 6:00 to 7:30 p.m. In Conference Room A at Noble Hospital.

This two-part program utilizes hypnosis to eliminate your desires for smoking and allow you to forget cigarettes forever. Presented by Joe Barako, R.N. and Certified Hypnotherapist.

The registration fee is \$40 and is paid the evening of the first session. Seating is limited.

Pre-registration is required. To pre-register or for more information, call Noble Hospital's Health Beat at (413) 568-2328.

**Beginner and Advance Level Tai Chi Classes to begin September 15th:** Series of 12 Classes with Master Instructor Baiqing Li will be held on September 15th, 22nd, and 29th; October 6th, 13th, and 27th; November 3rd, 10th, 17th, and 24th; December 1st and 8th. Beginner Level, 5:00 p.m.; Advance Level, 6:15 p.m. Cost - \$108. Classes will take place in Conference Room A at Noble Hospital.

Advance registration and deposit required. A \$70 non-refundable deposit must be prepaid with registration. Registration deadline September 11th. Balance of \$38 is due by November 3rd.

Class size is limited. To register, make check payable to Noble Hospital and mail to: Noble Hospital, P.O. Box 1634, Westfield, MA 01086-1634, Attn: Community Benefits.

For additional information, call Noble Hospital's Health Beat at (413) 568-2328.

\* \* \*

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## For Your Health - continued...

### 'Heart Healthy' Recipes Offered By The American Heart Association

The American Heart Association offers the following recipes as part of an overall healthful eating plan. Total fat intake should be less than 30 percent of your total calories for a day, not for each food or recipe.

#### TOMATO, ORANGE, AND TARRAGON SOUP

1 teaspoon acceptable\* vegetable oil  
12 ounces white or red potatoes,  
peeled and diced

1 medium yellow or white onion,  
sliced

3 large tomatoes, chopped (about  
1½ pounds)

2 cups low-sodium chicken broth

2 tablespoons chopped fresh tarragon  
or 2 teaspoons dried, crumbled

1 clove garlic, crushed, or ½ teaspoon  
bottled minced garlic

¼ teaspoon salt (optional)

Freshly ground pepper to taste

1 teaspoon grated orange rind

1 cup fresh orange juice (3 to 4  
medium oranges)

Fresh tarragon or parsley sprigs (optional)

In a heavy nonstick saucepan, heat oil over  
medium-high heat. Saute potatoes and onion for 2  
to 3 minutes, or until onion is translucent. Stir in  
tomatoes, broth, tarragon, garlic, salt, and pepper.  
Bring to a boil over high heat. Reduce heat and  
simmer, covered, for 20 to 25 minutes, or until  
vegetables are tender.

In a blender or food processor, process soup in  
small batches until liquefied. Pour through a sieve  
to remove coarse skins. Discard skins. Stir orange  
rind and juice into strained soup. Reheat or served  
chilled.

Garnish with fresh tarragon. Serves 6.

\* Use canola, corn, safflower, soybean, sunflower, sesame,  
or olive oil.

#### Nutrient Analysis Per Serving

111 kcal calories; 3 gm protein; 22 gm car-  
bohydrate; 0 mg cholesterol; 32 mg sodium; 1 gm  
total fat; 0 gm saturated fat; 1 gm polyunsaturated  
fat; 0 gm monounsaturated fat.

American Heart Association Low-Fat,

Low-Cholesterol Cookbook, Second Edition

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York. Visit our web site at:

<http://www.americanheart.org>

*Our Back-To-School edition  
is next week. Therefore, the  
deadline is Monday, August  
24th, at 5:00 p.m. Thank you*

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## Friday Bingo

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#### LEMON-CURRIED BLACK-EYED PEA SALAD

##### Salad

1 15-ounce can black-eyed peas,  
rinsed and drained

1 11-ounce can no-salt-added  
whole kernel corn, drained

½ cup chopped red onion

½ cup thinly sliced celery (1 to  
2 stalks)

1 teaspoon finely shredded lemon peel

##### Dressing

2 tablespoons lemon juice

1 tablespoon water

1 teaspoon olive oil

1 clove garlic, minced, or ½ teaspoon  
bottled minced garlic

½ teaspoon curry powder

½ teaspoon Dijon mustard

1/8 teaspoon pepper

In a medium bowl, combine salad ingredients.  
Set aside.

In a jar with a tight-fitting lid, combine dressing  
ingredients. Cover and shake well. Pour dressing  
over black-eyed pea mixture. Stir until well  
coated.

Cover and refrigerate for 1 to 24 hours, or until  
serving time.

Serves 8.

#### Nutrient Analysis Per Serving

80 kcal calories; 4 gm protein; 15 gm car-  
bohydrate; 0 mg cholesterol; 62 mg sodium; 1 gm  
total fat; 0 gm saturated fat; 0 gm polyunsaturated  
fat; 0 gm monounsaturated fat.

American Heart Association Low-Fat,

Low-Cholesterol Cookbook, Second Edition

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York. Visit our web site at:

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## Support For Parents Of Kids With Substance Abuse Problems

Providence Hospital offers a weekly support  
group for parents of children with drug or alcohol  
abuse problems. The group meets on Wednesday  
evenings from 7:00 to 9:00 p.m. at the hospital  
(located at 1233 Main Street, Holyoke).

The meetings provide an opportunity for  
parents whose children are currently involved  
with substance abuse, or have been in the past, to  
share ideas on how to deal with the problem.  
There is no charge for the sessions.

The substance abuse services of Providence  
Hospital are part of Sisters of Providence  
Behavioral HealthCare. For information on the  
support group, call Karen Walsh Pio, M.S.W.,  
L.I.C.S.W., Director, Outpatient Counseling Ser-  
vices, at (413) 493-2032.

## Local Meetings Dealing With Mental Illness Issues

The Alliance for the Mentally Ill of Western  
Massachusetts, Inc. has announced the following  
groups which are free and open to the public.

*For Those With Depression and Manic Depression-  
Westfield:* 20 Broad, Street, Westfield. Meets first  
and third Tuesdays of the month, 7:00 p.m.

*For Adult Siblings and Adult Children of those with  
Mental Illness:* AMI-WM Office, 717½ Main Street,  
Agawam. Meets second Tuesday of the month,  
7:00-9:00 p.m.

*For Adults with a Mentally Ill Relative-Agawam:*  
Agawam Council on Aging, 68 Meadowbrook  
Manor, Agawam. Meets last Monday of the  
month, 6:00-8:00 p.m.

# Register Now For Fall Classes !!



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### ■ FALL REGISTRATION DATES:

■ Friday, August 21, 1998 2:30P.M. to 4:30P.M.



### ■ COMPETITION TRYOUTS:

■ Monday, 24, 1998 6:00P.M.



*For Your Health - continued...*

## Water Safety Is Crucial During Hot Summer Months!

The Pioneer Valley Chapter of the American Red Cross offers the following tips on how to be safe around the water.

- **Learn to swim.** The best thing anyone can do to stay safe in and around the water is to learn to swim. The American Red Cross has swimming courses for people of any age and swimming ability. The enroll in a course to learn or improve your ability to swim, contact your local Red Cross chapter.

- **Always swim with a buddy;** never swim alone.
- **Know your swimming limits and stay within them.** Don't try to keep up with a stronger skilled swimmer or encourage others to keep up with you.

- **Swim in supervised areas only.**

- **Obey "No Diving" signs** that indicate the area is unsafe for headfirst entries. Enter feet-first into water rather than headfirst if you don't know the depth. In addition, learn the correct way to dive from a qualified instructor.

- **Watch out for the "dangerous too's"** - too tired, too cold, too far from safety, too much sun, too much strenuous activity.

- **Do not chew gum or eat while you swim;** you could easily choke.

- **Use common sense about swimming after eating.** In general, you do not have to wait an hour after eating before you may safely swim. However, if you have had a large meal, it is wise to let digestion get started before doing strenuous activity such as swimming.

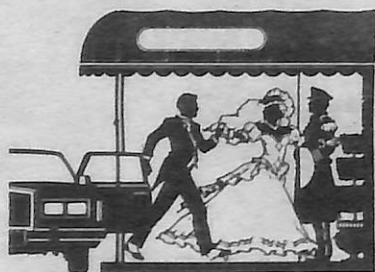
- **Alcohol and swimming don't mix.** Alcohol impairs your judgement, balance, and coordination especially in the water. It affects your swimming and diving skills and reduces your body's ability to stay warm.

- **Always wear a Coast Guard-approved life jacket** when boating and fishing.

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## Tips From The American Red Cross On How To Protect Yourself From Extreme Heat

The American Red Cross is urging Americans to take action to protect themselves from extreme heat. The following are tips from the Red Cross on how to beat the heat.

### IN THE HOT WEATHER:

- **Dress for the heat.** Wear lightweight, light-colored clothing. Light colors will reflect away some of the sun's energy. It is also a good idea to wear hats or to use an umbrella.

- **Drink water.** Carry water or juice with you, and drink occasionally even if you do not feel thirsty. Avoid alcohol and caffeine, which dehydrate the body.

- **Eat small meals and eat more often.** Avoid foods that are high in protein which increase metabolic heat.

- **Slow down.** Avoid strenuous activity. If you must do strenuous activity, do it during the coolest part of the day, which is usually in the morning between 4:00 and 7:00 a.m.

- **Stay indoors** when possible.

### KNOW WHAT THESE HEAT-RELATED TERMS MEAN:

- **Heat wave:** More than 48 hours of high heat (90°F or higher) and high humidity (80 percent relative humidity or higher) are expected.

- **Heat index:** A number in degrees Fahrenheit that tells how hot it really feels with the heat and humidity. Exposure to full sunshine can increase the heat index by 15°F.

- **Heat cramps:** Heat cramps are muscular pains and spasms due to heavy exertion. They usually involve the abdominal muscles or the legs. It is generally thought that the loss of water and salt from heavy sweating causes the cramps.

- **Heat exhaustion:** Heat exhaustion is less dangerous than heat stroke. It typically occurs when people exercise heavily or work in a warm, humid place where body fluids are lost through heavy sweating. Fluid loss causes blood flow to decrease in the vital organs, resulting in a form of shock. With heat exhaustion, sweat does not evaporate as it should, possibly because of high humidity or too many layers of clothing. As a

result, the body is not cooled properly. Signals include cool, moist, pale or flushed skin; heavy sweating; headache; nausea or vomiting; dizziness; and exhaustion. Body temperature will be near normal.

- **Heat stroke:** Also known as sunstroke, heat stroke is life-threatening. The victim's temperature control system, which produces sweating to cool the body, stops working. The body temperature can rise so high that brain damage and death may result if the body is not cooled quickly. Signals include hot, red and dry skin; changes in consciousness; rapid, weak pulse; and rapid, shallow breathing. Body temperature can be very high — sometimes as high as 105°F.

### GENERAL CARE FOR HEAT EMERGENCIES:

1. Cool the body.

2. Give fluids.

3. Minimize shock.

- **Heat cramps/heat exhaustion:** Get the person to a cooler place and have him or her rest in a comfortable position. Give a half-glass of cool water every 15 minutes. Do not let him or her drink too quickly. Do not give liquids with alcohol or caffeine in them, as they can make conditions worse. Remove or loosen tight clothing and apply cool, wet cloths such as towels or wet sheets.

- **Heat stroke:** Heat stroke is a life-threatening! Help is needed fast. Call 911 or your local EMS number. Move the person to a cooler place. Quickly cool the body. Wrap wet sheets around the body and fan it. If you have ice packs or cold packs, place them on each of the victim's wrists and ankles, in the armpits and on the neck to cool the large blood vessels. (Do not use rubbing alcohol because it closes the skin's pores and prevents heat loss.) Watch for signals of breathing problems and make sure the airway is clear. Keep the person lying down.

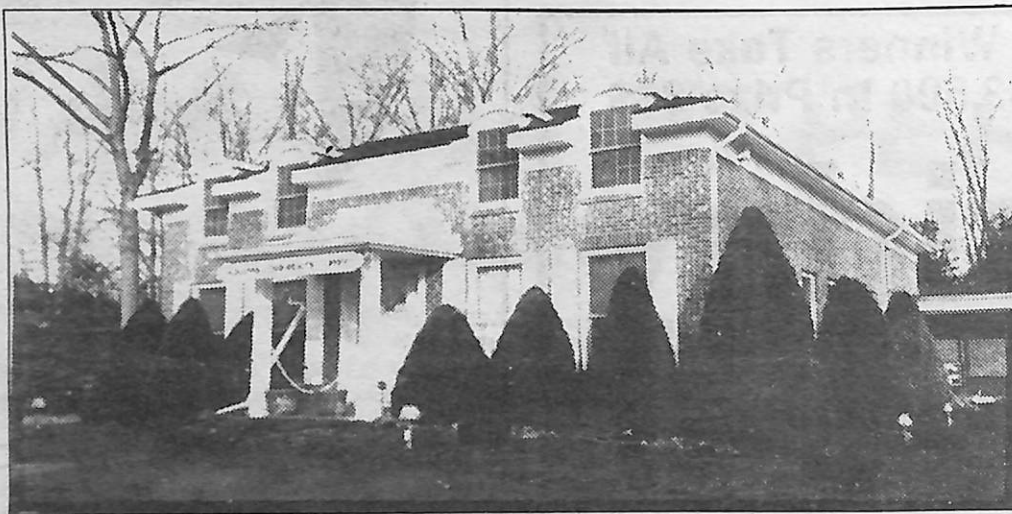
*For more information or to enroll in a Red Cross first aid or CPR course, contact the Pioneer Valley Chapter, 506 Cottage Street, Springfield, MA 01104, (413) 737-4306.*

\* \* \* \* \*

*For copies of his photos in this edition,  
please call Jack Devine at 789-0053.*

\* \* \* \* \*

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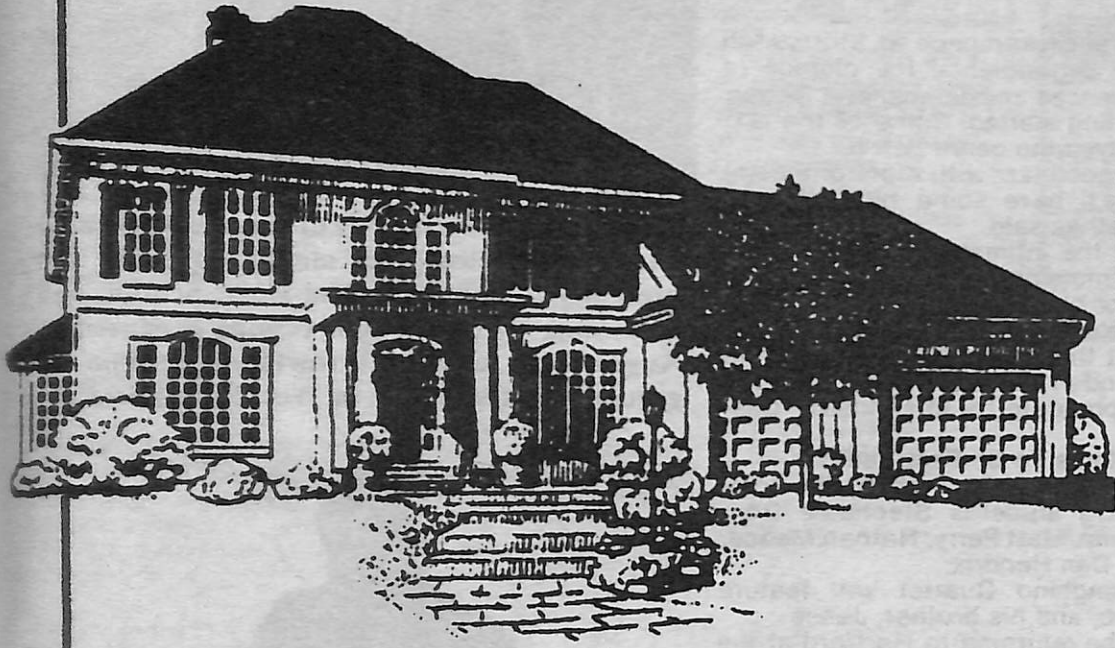
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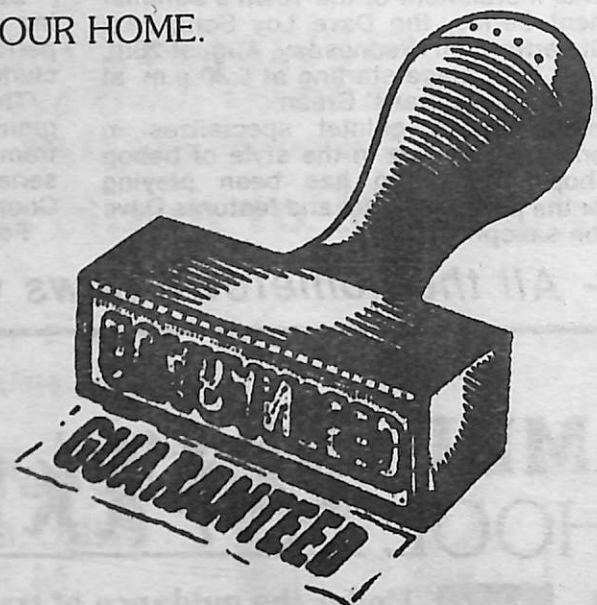
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## Arts

# The Justin Casinghino Quartet Is Set To Perform At Storowton Tavern

by Kathy Cassanelli  
News Editor

Cool jazz. A warm summer night. The elegance of a colonial inn.

It all comes together next week when the Justin Casinghino Quartet performs on the patio at the Storowton Tavern on The Big E grounds in West Springfield.

Beginning at 7:00 p.m. on Wednesday, August 26th, the Agawam musician will be joined by the six Agawam High School students from Casinghino's five-week summer jazz class for the first half of a two-hour performance. Later, the Casinghino Quartet will take over for the remainder of the evening.

### Culmination Of Long-Standing Desire

For Casinghino, who will begin his third year majoring in jazz performance and composition at The Hartt School this fall, the performance is the culmination of a long-standing desire to offer a summer jazz class for high school musicians to learn about the history of jazz and develop their own skills (in the time-honored tradition of jazz by listening to the greats and playing in a small group).

For five weeks, the jazz class met twice a week at the Junior High School while the Summer Band Program was underway. Open only to Agawam students this year, the program was so successful, Casinghino is planning to expand the classes next year by bringing in students, teachers, and guest performers from the surrounding area.

"This is something I've wanted to do for a long time and this year my education was to the point where I could do it," Casinghino said. "The class was a good way to let high school students continue playing through the summer. And it gave the kids a setting to just play and listen to each other. I had a lot of fun. It's great to be doing what I want to do as a career."

Both teacher and students felt they benefited from their five weeks of playing jazz and learning about the roots of the uniquely American genre.

Accustomed to teaching private music lessons in a one-on-one setting, Casinghino developed new teaching skills while the students developed as jazz musicians.

AHS senior and saxophone player Chris Trevethan would definitely recommend the class to the other young musicians as a way to improve their playing and becoming more aware of the history of jazz and what different people brought to the music.

"It was a great class. Justin would go on for a while about the history of jazz and then we'd more or less jam. We got to play off each other and that enhanced our playing by listening to the other players."

Trevethan said the performance at Storowton Tavern would give the audience the chance to hear a mix of advanced musicians and young musicians just getting started. Some of the jazz class had never played the genre before.

"It's going to be good jazz with more of a combo feeling and we'll have some big band arrangements," Trevethan said.

Casinghino said the intimate setting at Storowton would be a more appropriate setting than a concert setting for his students.

"I was hoping we'd get a place like that for our performance to get them used to playing for an audience in that kind of setting. A more intimate setting is more appropriate for this music," Casinghino said.

### AHS Students To Be Featured

Along with Trevethan and Casinghino, the combo will feature AHS students Stephanie Rondinelli, Steve Messina, Matt Perry, Nathan Meade, and AHS graduate Dan Hendrix.

The Justin Casinghino Quartet will feature Justin, his dad, Bob, and his brother, Jesse.

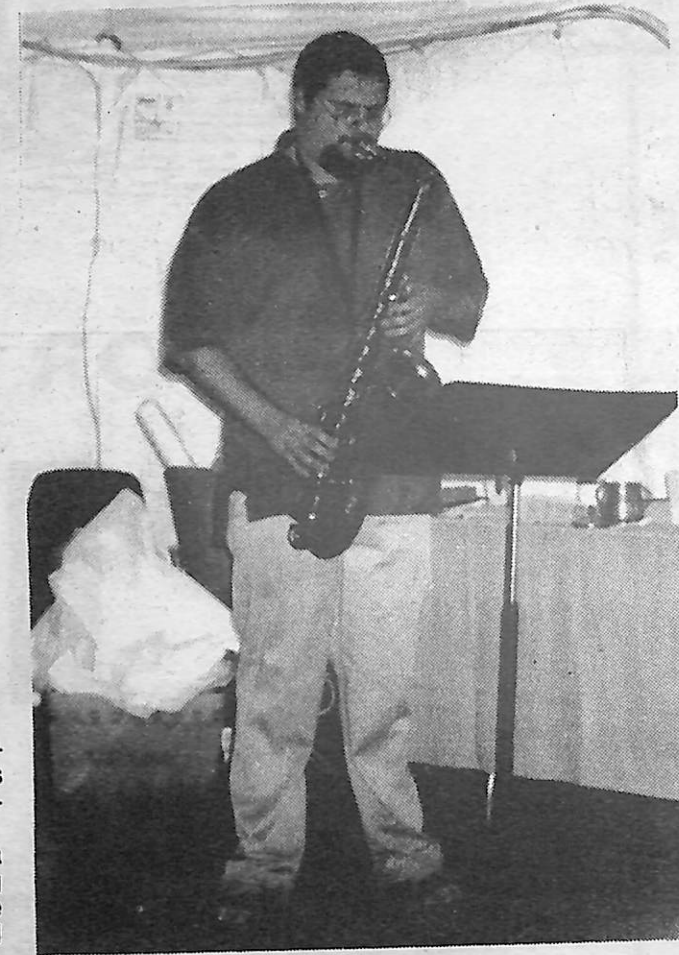
Casinghino will be returning to Hartford at the end of the month to continue his music studies, but he will be coming home to Agawam each weekend to continue offering private lessons in sax, flute, clarinet, vocals, and harmonica to students of all levels, from beginners to advanced musicians.

"I love to teach and I have students ranging in age from five to 88 years-old. I actually have a large number of older students," Casinghino said.

For more information on private lessons, Casinghino can be reached at 789-1428.



JUSTIN CASINGHINO of Agawam (pictured above and below), an alumni of AHS and presently a student at The Hartt School, will be leading his quartet this coming Wednesday, August 26th, at the Storowton Tavern on the grounds of The Big E in West Springfield.



## Jazz Quintet To Conclude Agawam's Summer Entertainment Series

As the final installment of the Town's Summer Entertainment Series, the Dave Loy Song Jazz Quintet will perform on Wednesday, August 26th. The show will take place starting at 6:30 p.m. at the Gazebo on the Veterans' Green.

This Amherst-based quintet specializes in original contemporary jazz in the style of bebop and post-bop. The group has been playing together for the past two years and features Dave Loy Song on saxophone.

David is a senior at UMass, where he is studying improvisation and jazz arrangement. He has performed with numerous well-known bands, including the Tommy Dorsey Orchestra.

The night's program is being presented with a grant from Westbank, with additional funding from the Massachusetts Cultural Council. The series is sponsored by the Agawam Cultural Council and the Rotary Club.

For additional information, call 789-7393.

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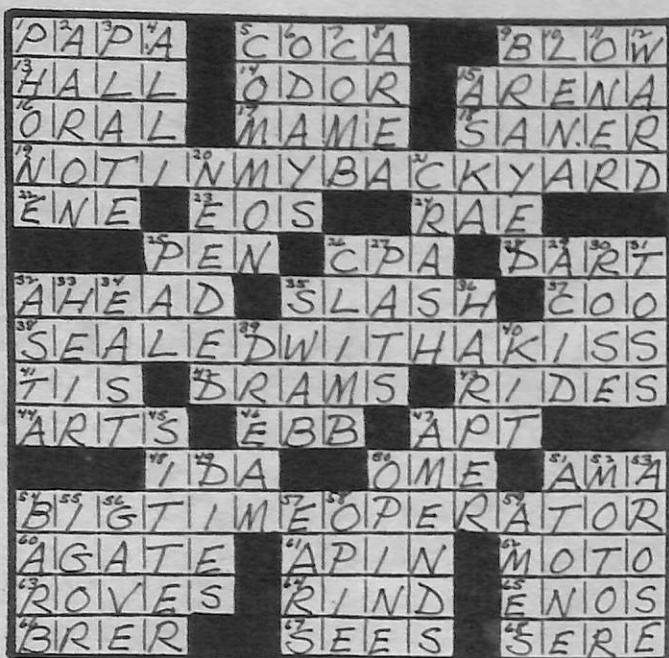
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**ACROSS**

- 1 Ord or Dix
  - 5 Muffin type
  - 9 Warsaw residents
  - 14 Code type
  - 15 "Splitsville, USA"
  - 16 Like rags
  - 17 Go from A to Z
  - 18 Decides
  - 19 Caballero's rope
  - 20 Chemical suffix
  - 21 Flat fish
  - 22 Tantrums
  - 23 Portrayal of a Chinese sleuth
  - 26 Just a snap
  - 27 Sunsuit parts
  - 31 On the ball
  - 34 Croupier's tool
  - 35 Sultry West
  - 36 Ring around a head
  - 37 He loved zeos
  - 39 Heap
  - 40 Often inflated item
  - 41 Title for 64A
  - 42 Passed out sparingly
  - 43 New York City
  - 45 Abe split one
  - 47 Portrayal of a Japanese sleuth
  - 51 Of the mind occurrence
  - 54 Muffet or Marker
  - 55 Talk mod style
  - 57 "— and kicking"
  - 58 The best
  - 59 Karma
  - 60 Circus luminary
  - 61 Printer's instruction
  - 62 Tree genus
  - 63 Horde
  - 64 Pianist Myra
  - 65 Time in office
- DOWN**
- 1 Notoriety
  - 2 Maine college town
  - 3 Celebrate
  - 4 Famous inventor's monogram

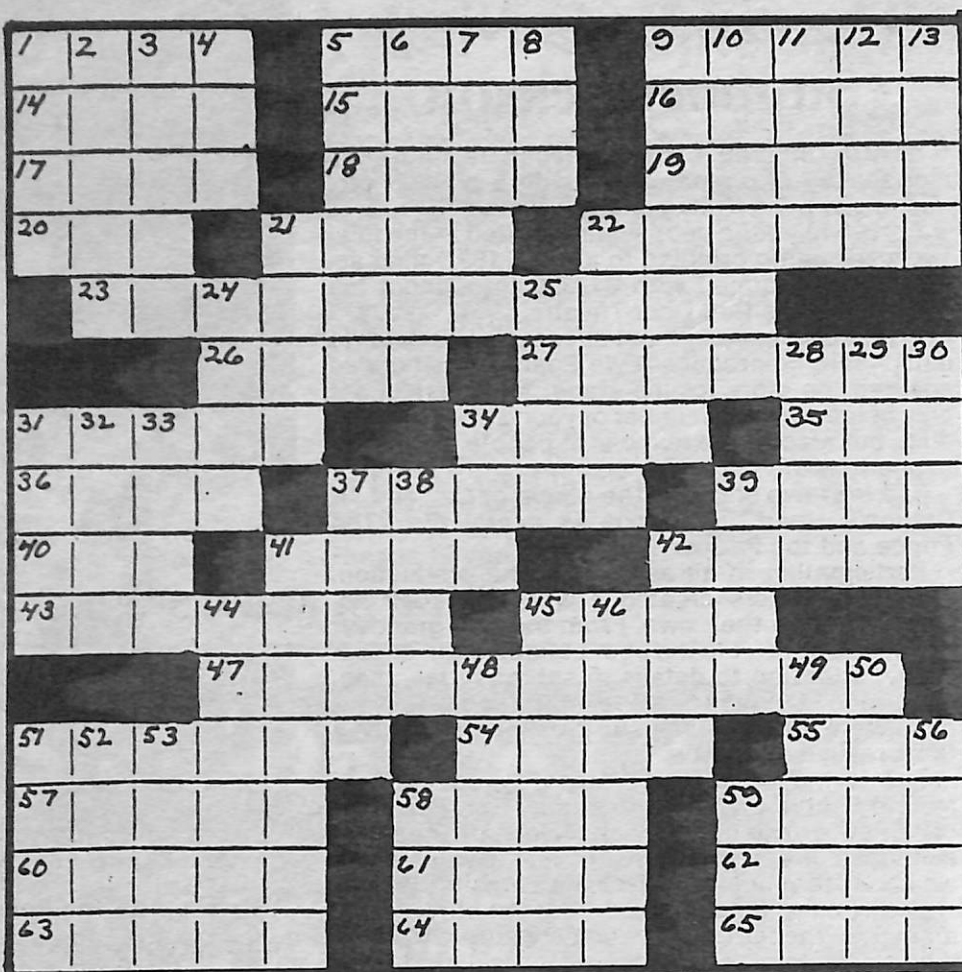
**Last Week's Solution...**



- 5 Mopes around
- 6 Sports' instant —
- 7 Adds to the pot
- 8 Turn downs
- 9 Sheet cloth
- 10 Asia another way
- 11 Part of S & L
- 12 Noble Italian family
- 13 Coral and Ross
- 21 Break
- 22 Plumed military hat
- 24 Prefix for plane
- 25 Burn
- 28 Actor Jannings
- 29 Throat sound
- 30 Spore
- 31 Strawberry's field once
- 32 Cronos
- 33 "Thanks —"
- 34 Rolling stock abbr.
- 37 Lubumbashis' land
- 38 The "Tentmaker"
- 39 Game of chukkers
- 41 Herdsmen
- 42 Grows faint
- 44 Martini additives
- 45 Baseball's Tim
- 46 Things of value
- 48 Play the ham
- 49 Copy with a carbon
- 50 John Wayne specialty
- 51 "Pro —"
- 52 Biblical land
- 53 Peru's capital
- 56 Hairdo for short
- 58 Fire reside
- 59 Obese

**Meet The Master**

- by Dick Mastroianni...



*Our annual Back-To-School issue will be published next week; therefore, the deadline for next week's edition will be Monday, August 24th, at 5 p.m.*

Dick Mastroianni's "Meet The Master" is a regular feature of the Advertiser News...

\* \* \* \* \*

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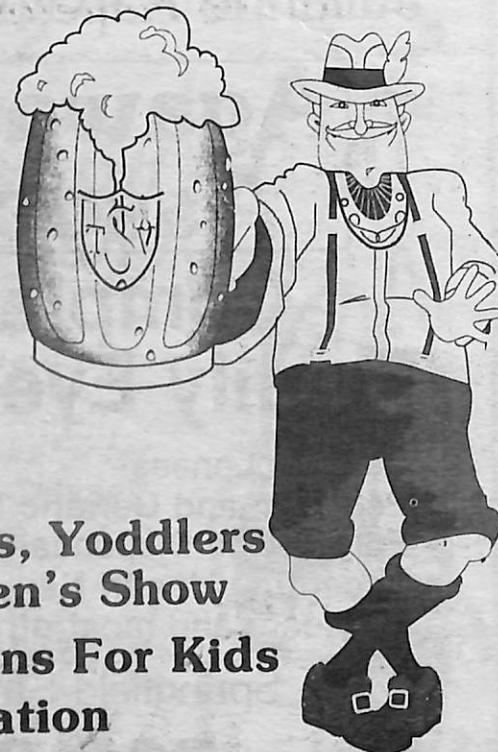
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## STAGE Children's Theatre Ends Ninth Summer Season

STAGE Children's Theatre closed its ninth summer season of drama camps with a premier production of "The Prince and the Pauper."

Forty-two young people participated in the final two-week camp bringing to a total, 189 young actors who performed with STAGE throughout the summer at The Red Door Theatre.

"This has been our most successful summer to date," said co-producer Lyle Pearsons, who also adapted the story for the stage. "Successful not only in terms of the number of young people attending, but also in the number of people who came to see them."

The first two shows, "The Magic of Oz" and "A Dragon's Heart," sold out as nearly did "The Prince and the Pauper."

Participating in all aspects of the production, the young actors created a world for their audiences unlike their own. From the rich grandeur of King Edward VI to the poor London slum of Tom Canty, attention to details in set, costume, manners, and language made this two-week experience a meaningful history lesson as well as a fun, creative endeavor.

The lavish costumes created by co-producer Margie Secora and constructed by Sue Pearsons of Westfield and Marileen Allen of Agawam enhanced the authenticity of the period piece which takes place in mid-1500's England.

The young actors were also treated to an authentic "accent guide" when Sarah Brown of Wales, England spent the day assisting with speech while visiting her friends and camp members, Erik and Kris Goulding of Suffield.

Audiences agreed on how well these 10-15 year-olds handled the difficulties of the language, both written and spoken.

Now that the summer series is over, plans are already underway for the fall as STAGE readies its Tuesday, Wednesday after-school camp "Charlotte's Web" (eight-15 year-olds) and its Saturday morning workshops of "Creative Dramatics" (four-seven year-olds) and "Broadway Dance" (nine-15 year-olds).

In addition, the Hilltop Players' Family Theatre will be holding auditions for the musical "Carnival," August 30th and 31st, 7:00-9:00 p.m. There is something always "on the boards" at The Red Door Theatre, 152 South Westfield St., Feeding Hills, MA.

For more information, call 789-2026.

*For copies of his photos in this edition, call Jack Devine at 789-0053 and he'll be happy to help you...*



THE CONTRAST BETWEEN ROYALTY (above) and "beggardom" (below) in STAGE's "Prince and the Pauper" is evident in the costume, style, and manner of these cast members who recently performed in this original adaptation at The Red Door Theatre in Feeding Hills. Next for STAGE: "Charlotte's Web," scheduled for November.



Richard W. Gallerani, OD  
Julianne Rapalus Gallerani, OD

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## Agawam Library Has Expanded Services For Preschoolers

The Agawam Public Library has joined the AGAWAM PARTNERSHIP FOR CHILDREN in providing expanded services for local preschool children and their caregivers.

A grant from the Massachusetts Department of Education to the Agawam Public Schools Early Childhood Department has made it possible for the library to share additional materials and resources for young children. Grant funds provide for temporary additional library program staffing, as well as specially selected materials for pre-readers.

Agawam and Feeding Hills preschool childcare and education providers are invited to the library on Friday mornings at 10:00 a.m. beginning September 18th for storytimes specifically designed for them and the children in their care. Developed by library staff member Judith Cline, each session will include stories, crafts, and related activities and will be followed by a playtime in the library's Community Room. Caregivers may register for these programs at the library or by telephone.

Other services include "Kits for Kids," in which caregivers may borrow individualized kits packed with age-appropriate books, puppets, and puzzles, as well as book lists covering a variety of themes relating to preschoolers. There will also be some special evening and Saturday programs throughout the year.

A monthly newsletter detailing these new services and programs is available through the library. Local caregivers of preschoolers may register for the mailing list by calling the library at 789-1550.

## CraftAdventure '98 Is Coming To Big E August 28th-30th

Entries in a variety of categories have been accepted for Eastern States Exposition's annual contest and showcase of fine fiber and fabric artistry, CraftAdventure '98, which will take place August 28th-30th from 10:00 a.m. to 5:00 p.m. in the New England Center, located on the grounds of the Exposition in West Springfield.

Prospective CraftAdventure '98 entrants were encouraged to get a head start on creating unique pieces of handwork artistry for show and competition. Entries were accepted in contest categories including knitting, quilting, rugmaking, needlework, crochet, lace, weaving, spinning, basketry, and dollmaking. Contestants were allowed to enter a maximum of two pieces for show and competition in these contest categories.

CraftAdventure '98 entries will be judged on workmanship, originality, creativity, use of color, choice of materials, and other exceptional qualities. Cash and ribbon prizes will be awarded in addition to many special awards. Prize-winning CraftAdventure '98 entries and all "Holiday Magic" entries will be displayed in the New England Center during The Big E, "New England's Fall Classic," September 18-October 4, 1998.

## — ADVERTISER NEWS —

### MEALS ON WHEELS DRIVER TOWN OF AGAWAM

Part-time, on call driver to deliver meals to elders 9:30 a.m. to 12:30 p.m., Monday through Friday. Must be dependable, able to climb stairs and carry food-warming container weighing approximately 40 pounds, have own vehicle, and possess a valid Massachusetts driver's license. Salary \$7.30 per hour plus \$.25 per mile. Review of applications will commence immediately. Please apply to: **Personnel Officer, Town of Agawam, 36 Main Street, Agawam, MA 01001.** (The Town of Agawam is an equal opportunity, affirmative action employer and is strongly and actively committed to diversity within its community.)

### CUSTODIAN TOWN OF AGAWAM

Part-time, self-motivated individual to clean Town facility. Hours are 4:00 p.m. to 10:00 p.m., Monday through Friday. Industrial cleaning experience required. Flexible schedule required, including some weekends. Attractive salary plus benefits. Please apply no later than August 25, 1998 to the **Personnel Office, 36 Main Street, Agawam, MA 01001.** (The Town of Agawam is an affirmative action/equal opportunity employer and is strongly and actively committed to diversity within its community.)

## Westfield Theatre Group's Youth Troupe To Stage "Cinderella: The Truth" In September

The Westfield Theatre Group, a department of the Westfield Woman's Club, is pleased to announce that its youth troupe, "ACTING OUT," will perform "CINDERELLA: THE TRUTH."

Written and directed by Kathi Palmer, this show will give everyone the real story. We have all been led to believe that Cinderella was a hard working, loving child with a wicked stepmother and two horrible stepsisters. This show gives the audience another look.

The show marks the beginning of the 1998-1999 season for the Westfield Theatre Group and hopes to get the season off to a fun-filled family start. The show includes some 30 children from Westfield and the surrounding area, some resident WTG members, and some new faces to the WTG stage.

Cinderella will be played by Sarah Colson of Southwick, with Jess Wisniewski as her step-

mother, and Minna Roussi and Catherine Smith as her stepsisters. The King is played by Derek Wood, the Queen by Katie Whalen, and the Prince by Robert Smart. Other returning members to the WTG stage include Diane Berthiaume, Tricia Hatch, Andrew Ott, and John Farrell. Newcomers include Nora Natch, Sean Smith, Katy Ott, and Adam Ware. Helen Dunk will play the Godmother and Kevin Berube plays Lester, the court jester.

Show dates are Friday and Saturday, September 11th and 12th at 7:30 p.m. with a matinee on Saturday, September 12th at 2:00 p.m. Performances will be held at the Westfield Woman's Club, 28 Court St. Ticket prices are \$5 for adults, \$3 for students and seniors.

This is a great family show and we encourage everyone to come out and attend. If you wish to make a reservation, please contact the Westfield Theatre Group at 572-6838.

— Check our classified ads in each edition - AAN!!! —

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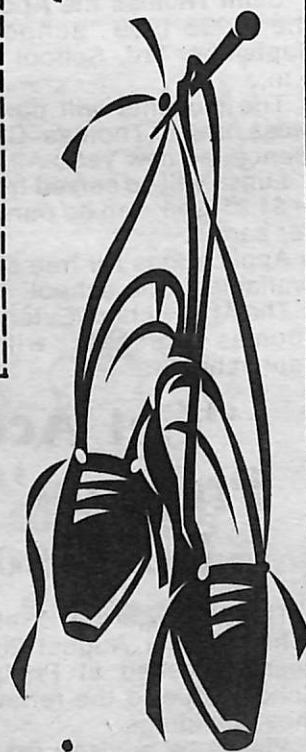
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## Education

### Junior High Slates "Seventh Grade Orientation Night"

In an effort to welcome and familiarize incoming seventh grade students with their new school, the Agawam Junior High School will conduct a "Seventh Grade Orientation Night" on Tuesday, September 1st, at 7:00 p.m. in the Junior High auditorium.

At that time, students and parents will have the opportunity to tour the building and to acquaint themselves with school policies and programs as reviewed by school principal Kevin C. Littlefield and assistant principal Marc V. Costanzi.

To make it easier for seventh graders on opening day, signs stating teachers' names and room numbers will be placed throughout the building, and additional teachers will be assigned to home-rooms to help with lockers and class schedules.

Both seventh and eighth grade students will attend opening-day classes on Wednesday, September 2nd.

### Amy Jennifer Bressem Named To Honor Roll At Brevard College

Amy Jennifer Bressem, daughter of Ms. Joyce Mathews Bressem-Granger of Feeding Hills, was among 95 students named to the Honor Roll for the Spring 1998 semester at Brevard College in Brevard, North Carolina.

"These students, who come from all types of high schools and have had different levels of success in their past educational endeavors, are among the finest college students in the nation," said Dr. Robert Bauslaugh, Vice President for Academic Affairs and Dean of the College. "Considering the demanding curriculum at Brevard College, I am especially pleased with the number of students who have made the Dean's List and Honor Roll."

To make the Honor Roll, a student must complete at least 12 hours of credit, score between a 3.0 and 3.5 grade point average, and have no grade below a "C."

Associated with the United Methodist Church, Brevard College is the oldest institution of higher learning in the mountains of North Carolina. Brevard College currently offers a wide range of four-year majors, including music, art, environmental studies, wilderness leadership and experiential education, exercise science, English, history, mathematics, and an interdisciplinary major in physics, philosophy, and religion. Additional majors in organizational leadership, ecology, and a contract major in integrated studies are in preparation for the fall semester of 1998.

### Saint Thomas The Apostle School To Begin September 3rd

Saint Thomas the Apostle School will open for the 1998-1999 school year on Thursday, September 3rd. School hours are 7:35 a.m.-1:45 p.m.

The students will participate in the 9:00 a.m. Mass in St. Thomas Church to officially commence the new year. All are welcome.

Lunch will be served from the first day at a price of \$1.25. Milk can be purchased separately at \$.30 per carton.

Applications for free and reduced lunch will be available at the school.

The After School/Extended Care Program for St. Thomas students will begin on Tuesday, September 8th.

### "Get Acquainted Program" Only At Robinson Park

The kindergarten "Get Acquainted Program," scheduled for August 25th, 26th, and 27th, has been cancelled at Phelps, Granger, and Clark Schools due to the renovations and additions to those buildings.

Please be advised that Robinson Park School will run its program on August 26th as scheduled.



MEMBERS OF Girl Scout Troop 560 at Aspen Hill Farm: back row - Ashley Breault, Kim Dorans, Brooke Quesnel, Kelly LeGrande, Denise Gates, and Megan McNair; front row - Carin Wagner, Emily Gendron, and Cori Geiger. (Missing: Regina Sabilia and Antonia Moore.)

### Girl Scout Troop 560 Celebrates 1997/1998 Season With Annual Year-End Picnic

Girl Scout Troop 560 recently celebrated a successful 1997/1998 season at their annual year-end picnic. The past year brought many new opportunities and experiences to this fine group of young ladies.

Merit badges for cookie sales, arts and crafts, food preparation, and horse back riding were just a few of the badges awarded. Field trips to the Forest Park Zoo, nursing home holiday visits, and

nature walks were enjoyed by all.

This year's picnic was highlighted by pony rides from the Aspen Hill Farm. Other activities included swimming, parachute play, and lots of good food.

Thanks to all the girls who participated and especially Troop 560 leaders Leslie McNair, Donna Dorans, Dina Moore, and Helene Gates.

### Important Information For AHS's Varsity, JV, & Freshman Soccer Players

All candidates for the Agawam High School varsity, junior varsity, and freshman soccer teams should report to the High School athletic fields at the times listed below.

Each candidate must have an MIAA Physical Examination Form signed by both the doctor and a parent/guardian before he can participate.

Thursday, August 27th: 9:00-11:00 a.m., varsity,

junior varsity, freshman; 5:00-7:00 p.m., freshman; 6:00-8:00 p.m., varsity, junior varsity.

Friday, August 28th: 9:00-11:00 a.m., varsity, junior varsity, freshman; 6:00-8:00 p.m., varsity, junior varsity.

Monday, August 31st: 9:00-11:00 a.m., varsity, junior varsity, freshman; 5:00-7:00 p.m., freshman; 6:00-8:00 p.m., varsity, junior varsity, freshman.

### SEEKING: SUITABLE COMPANIES/INDIVIDUALS FOR DISTRIBUTION OF SURPLUS COMPANY ASSETS

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## “Freshman Tours” Set For Thursday, August 27th, At AHS

On Thursday, August 27th, **FRESHMAN TOURS** at the high school will take place from 8:30 to 10:30 a.m. Please make every attempt to visit the high school during that time period. Tours will depart from the corridor by the guidance office.

Guidance counselors will be available on August 26th, 27th, and 28th to address all legitimate scheduling concerns.

All students new to the school system should contact the guidance office to set up an appointment for proper registration. Call 821-0527 and arrange for an appointment.

During the first week of school, teachers will be giving to students class expectation handouts. Students will be instructed to take the handout home to read and to have the handout signed by a parent or guardian. The signed expectations will then be returned to the appropriate teachers. If a parent would like a copy of the class expectations, let the teacher know on the class expectation handout that it is to be returned.

All students are encouraged to purchase locks. Remember, it is your responsibility to protect personal and school items to the best of your ability.

Just in case it slipped your mind, the high school starts promptly at 7:25 a.m. **IT IS IMPERATIVE THAT YOU LEAVE HOME EARLY.**

### AGAWAM HIGH SCHOOL SCHEDULE DISTRIBUTION

Your 1998-1999 school schedule will be given to you on Wednesday, September 2nd, the first day of school. When you arrive to school on Wednesday, your schedule will be available at the following school locations:

**SENIORS — GYM**  
**JUNIORS — CAFETERIA**  
**SOPHOMORES — ROTUNDA AREA**  
**FRESHMEN — AUDITORIUM**

## Andrea Ferrari Graduates From Porter & Chester

Congratulations to Andrea Ferrari (Medical Assisting) of Feeding Hills on her graduation from Porter and Chester Institute in Chicopee. The graduation of 83 students took place at The Oakes in Agawam with attendance of 375 friends and family.

Porter and Chester Institute was founded in 1946. The institute offers six schools of study, including Office Technology Division, Architectural and Engineering Technology, Automotive Technology, Electronics and Computer Division, HVACR (Heating, Ventilation, Air Conditioning, and Refrigeration) Division, and Medical Assisting.

Porter and Chester proudly acknowledges that around 90 percent of their graduates land jobs that match the training they received prior to graduation.

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## “Let's Make Sure We Don't Miss A Spot...”



**LAST MONTH**, members of the Agawam High School cheerleading squad held a car wash at the Agawam Middle School. The proceeds from this fundraiser will be used for the benefit of the cheerleaders' activities during the coming school year. Advertiser News photo by Jack Devine.

## Courtney Locke Receives \$1,000 College Scholarship From Princess House, Inc.

Courtney Locke of Agawam, a recent graduate of Agawam High School, recently received a \$1,000 college scholarship from Princess House, Inc.

Courtney, daughter of Princess House independent sales consultant Joanne Locke, was one of five high school seniors nationwide to be inducted into Princess House's 1998 Class of Elite Club Scholarship winners.

Courtney was honored during Princess House's national convention in Orlando, Florida for her outstanding high school career. Courtney, who is a gifted student with a flair for writing, maintained a 95 percent average throughout high school and served as captain of the varsity tennis team. She will attend Holy Cross University this fall.

Princess House awards five \$1,000 scholarships a year to the sons and daughters of its independent sales force.

Recipients are chosen by an in-house committee based on academic excellence, merit, and need. Since the scholarship program's inception, Princess House has invested more than \$30,000 in the future of 30 students.

Princess House, Inc., founded in 1963 and headquartered in Taunton, Massachusetts, is one of the fastest growing direct sales companies in the nation. The company markets finely-crafted home enhancement products, which range from elegant crystal to timesaving microwavable stoneware, through home shows in the United States, Canada, Puerto Rico, and Guam.

For more information on Princess House, Inc., readers are invited to call (800) 622-0039 or visit the company web site at [www.princesshouse.com](http://www.princesshouse.com).

## Junior Women's “Safety Bug” Prog. On Friday, August 21st

The Agawam Junior Women's Club will offer their annual “Safety Bug” program on Friday, August 21st beginning at 9:30 a.m. in the Agawam Library Community Room.

The presentation is designed to help ease youngsters' anxiety about riding the school bus, and will offer safety tips, as well.

Agawam and Feeding Hills children who will be riding the bus to school for the first time can be registered in person at the library or by calling 789-1550.

— ADVERTISER NEWS —

## Beth Meagher Named To Dean's List At Smith College

Beth Meagher, daughter of Frank & Carol Meagher of Feeding Hills, was named to the Dean's List at Smith College for her academic achievement for the 1997-98 school year.

The Dean's List recognizes those students with grade point averages of 3.333 or above.

Beth graduated from Agawam High School in 1995 and is majoring in psychology at Smith.

Smith College is consistently ranked among the nation's best liberal arts colleges. Enrolling 2,800 students from every state and 60 other countries, Smith is the largest undergraduate women's college in the United States.

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## Sports

# AAA Hosts 1st Girls Basketball Summer Jamboree

by Dave Rollins  
Sports Editor

The two new outdoor basketball courts at Agawam High School have received plenty of use this summer, including last Saturday when the Agawam Athletic Association hosted the first jamboree of the Girls' Suburban Basketball League.

The jamboree, the brainchild of Chicopee's Roy LaPlante, the Girls' Suburban League commissioner, was the culmination of the annual summer league that included girls in grades five through nine from towns throughout the area (as well as four teams from the Agawam Athletic Association).

The courts at Agawam High were used each Tuesday night in the summer league for home games for the AAA teams. LaPlante was so impressed with the AHS outdoor courts, he contacted AAA President Bob Hersey about the idea of using them as the site for the jamboree.

### The Jamboree Was A First

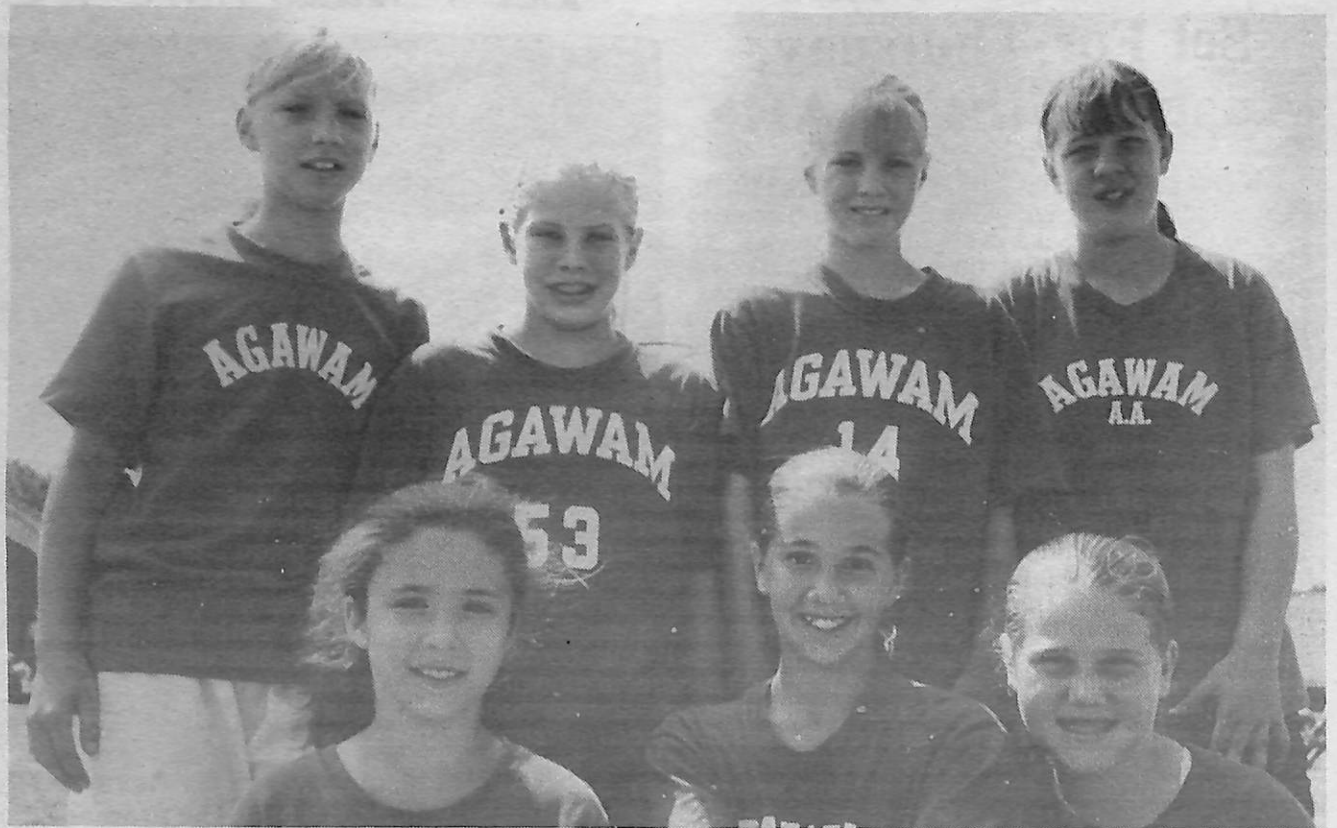
"The jamboree was a first for our league. We got the idea from watching what the summer soccer program has done. Because it worked so well, it seemed natural to hold one in basketball, too," LaPlante told us. "We asked the AAA about the Agawam High courts and everything just fell into place from there."

The jamboree began at 9:00 a.m. and finished at 4:00 p.m. Games were played at a 30-minute running time format (except for the final two minutes) in the 7th/8th/9th grade division and 25 minutes running time in the 5th/6th grade division (except for the final two minutes). While the day began under a thick blanket of gray, by late morning the sun was shining and the AHS courts bustled with players and their families from start to finish.

"I was really pleased with the number of spectators who showed up. It was a good turnout. People are really interested in youth basketball around here and our jamboree was just another example of that," LaPlante noted.

Teams competing in the jamboree included the four girls' teams from the AAA, and teams from Longmeadow, Chicopee, Ludlow, Westfield, West Springfield, South Hadley, and Our Lady Of Hope from Springfield.

The 7th/8th/9th grade teams each played three games and the 5th/6th grade teams played two



SOME OF THE MEMBERS OF ONE of the Agawam Athletic Association's 5th/6th grade summer girls' suburban basketball team, coached by Bob Hersey, take time out for a photo at last Saturday's Girls' Basketball Jamboree. Back row, from left - Elizabeth Barker, Julie Czuprynski, Cara Powell, and Susan Jenney. Front row - Angela Velosky, Elise Davilli, and Jamie Cullen. IN PHOTO BELOW, AAA Vice-President Scott Skolnick, (left), AAA President Bob Hersey (center), and Girls' Suburban Commissioner Roy LaPlante of Chicopee were delighted with last Saturday's jamboree at the Agawam High outdoor basketball courts.

Advertiser News photos by Dave Rollins.



SEE SUMMER JAMBOREE - Page 35...



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**JAMBOREE - from Page 34...**

(although Scott Skolnick's 6th grade AAA team managed to sneak in a third game, according to LaPlante).

**Just A Day Of Competition**

"We had 15 teams in all. We didn't hand out trophies because we just wanted the kids to finish up their summer season with a day of competition," LaPlante said.

There was a lunchtime break when Bruno's Pizzeria of Feeding Hills brought over 11 super party size pizzas for everyone to enjoy.

The quality of the competition was also noted by many coaches in attendance. Many of the soon-to-be ninth graders who participated in the tournament will be on the freshman teams of their respective schools. Some may even be good enough to make a junior varsity club. And a few could even make a varsity roster.

Indeed, virtually all of Agawam High's former and current varsity players honed their skills in the Girls' Suburban Summer League over the years as members of the Agawam Athletic Association.

LaPlante has been involved with youth basketball for the past 20 years, including six as a coach. "The feedback I have received has been very positive so I think we will try this again next year. I wish to thank the Bob Hersey and his people for pulling this off without a hitch," LaPlante added.

Hersey said he was pleased that all four AAA girls teams enjoyed good summers and were on hand to participate in the first jamboree.

Hersey noted that AHS girls' hoop star Barbara Maloni and Cathedral High star Mike Martin (a Feeding Hills resident) ran the scorer's tables all day and kept things running at a smooth pace.

"I would also like to thank Mary Keller (Parks and Recreation director) and the Town of Agawam for allowing us to use the courts on Saturday for the jamboree and throughout the summer," Hersey said. "The grounds crew from the town even put up new nets at each of the four baskets earlier in the week and we thank them for that as well," Hersey said.

The AAA has been a long-time member in good standing in both the Girls' Suburban Basketball League, Boys' Suburban Basketball League, and the Catholic Youth Organization Leagues (CYO) for many years, according to Hersey. He said any girl or boy who lives in Agawam attending grades five through eight this fall are eligible to try-out for the AAA-sponsored teams.

For further information about the AAA, call Hersey, weekdays, between noon and 4:00 p.m., at 789-0053; league Vice-President Scott Skolnick at 786-0111 (evenings), or league Secretary Ric Sardella at 786-7747 (days) or 789-2005 (evenings).

## Physical Examination Schedule For AHS's Fall Athletic Teams

All Agawam High School student-athletes trying out for a fall athletic team MUST have a physical examination completed by their own physician or by the school physician BEFORE they will be allowed to try out for any team.

**PHYSICAL EXAMINATIONS** will take place at Agawam High School, in the nurse's office. In both cases, a **THOROUGHLY COMPLETED M.I.A.A PHYSICAL EXAMINATION FORM** signed by both the doctor and the parent/guardian must be on file.

Forms are available at Agawam High School. Examinations done by the school doctor are free of charge.

**EXAMINATION SCHEDULE:**

**AUGUST 21, 1998:** 8:30 a.m., Freshmen Football; 9:00 a.m., Freshmen Boys' Soccer; 9:30 a.m., Freshmen Girls' Soccer; 9:45 a.m., Freshmen Field Hockey; 10:00 a.m., Gymnastics; 10:15 a.m., Girls' Cross Country.

**AUGUST 24, 1998:** 8:00 a.m., Make-up physical for boys; 8:30 a.m., Make-up physicals for girls.

**TRYOUT SCHEDULE: REVISED AND UPDATED:**  
August 24th: Football - ONLY - Conditioning  
Day - No Contact

August 25th: Football - ONLY - Conditioning  
Day - No Contact

August 26th: Football - ONLY - Conditioning  
Day - No Contact

August 27th: ALL SPORTS - Double Sessions

August 28th: ALL SPORTS - Double Sessions

August 31st: ALL SPORTS - Double Sessions

September 1st: ALL SPORTS - Single Session

September 2nd: ALL SPORTS - Single Session

September 3rd: ALL SPORTS - Single Session

**Back to Sport Night** - AHS Cafeteria, 6:30 p.m.

September 4th: **"Media Day"** - Harmon Smith Field - 2:15 p.m.

September 26th: Fourth Annual Berkshire Power Golf Tournament to benefit the AHS Athletic Department.



**SOME OF THE MEMBERS OF THE AGAWAM ATHLETIC ASSOCIATION'S ninth grade summer team who participated in last Saturday's Girls' Suburban Basketball Jamboree included, back row, from left - Lucy Young, Meredith Willett, Elizabeth Stieg (assistant coach for the day), Coach Sarah Cote, and Loren Malone. Front row - Jenna Shea, Amanda Blair, and Allison Nowell. Advertiser News photo by Dave Rollins.**

## Car Wash/Bake Sale Slated By Agawam Gridiron Parents

The annual car wash/bake sale by the Agawam Gridiron Parents will take place on Saturday, August 22nd, from 9:30 a.m. to 2:00 p.m. at Sacred Heart Church in Feeding Hills. Donations will be accepted.

***NO ONE covers all the local sports like Dave Rollins. Dave is another reason why you turn to us!***

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## A Tradition Continues... Agawam Women's Softball League Holds Annual Banquet

by Dave Rollins  
Sports Editor

Last Friday evening, Agawam 14th, the Agawam Women's Softball League held its annual banquet and honored league champions Village Lounge along with the other teams involved in the league playoffs.

The festivities were both busy and noisy as 80-plus people went back over the season, remembering games played well and in some cases, not so well.

Perhaps the busiest of all were Bobbi Lou Fourques, Rich Pfeiffer, Peter Lockhart, and Larry & Linda Wilson, who were preparing and serving a delicious meal. On the menu that night - steak, baked potato, corn on the cob, salad, and assorted munchies. There was a baked stuffed zucchini surprise for the vegetarian folks on hand. The bubbly also flowed, which kept Rick, the bartender, busy all evening long.

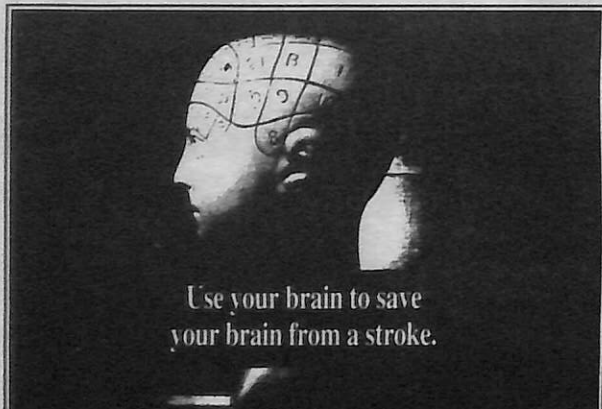
When Linda was finally removed from the kitchen, she did a great job selling raffle tickets to help one of the league's injured players, Kathy Baker, to offset the expenses of her upcoming knee operation. The funds were gratefully received with a smile as well as some tears. The gesture was testimony to the fact that while the league is fiercely competitive, it is also much like a family taking care of their own.

Along with the trophies which were awarded to every team, there was a lot of sentiment in the room. "Wait 'til next year," was heard more than once. The 1998 season will serve as a reminder that indeed, next summer, there will be all the competition, fun, intensity, and emotion people have come to expect from the Agawam Women's Softball League.



REPRESENTATIVES OF THE Agawam Women's Softball League receiving a trophy for the teams from Olive Oil's and Joey's.

## ADVERTISER NEWS



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MEMBERS OF THE Village Lounge, the 1998 league champions of Agawam Women's Softball, pose with the team trophy at the annual banquet.



THE TEAM FROM E.B.'s with their trophy for being the 1998 runner-up in the Agawam Women's Softball League.

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## Outdoors New England

by Kent Servis  
Outdoor Writer

### Tuna Time!!!

With the end of summer in sight, the annual fall tuna fishery is beginning to blossom. For those of us who do not have a 30-foot ocean boat that is capable of making the run to the edge of the continental shelf, there is hope.

The Yankee Captains out of Gloucester, Massachusetts, runs some fine overnight tuna trips for the cost-conscious angler. This is a limited party-boat-style trip that takes a minimum number of anglers to allow fishing room.

The ships are complete with air-conditioned berthing compartments and offer a full galley menu. To get the most out of the hours spent on the water, the trips leave the night before and spend plenty of time on the tuna grounds.

#### OPENINGS STILL AVAILABLE FOR THREE-DAY TUNA SAFARI

I will be going with the Yankee Captains on a three-day tuna trip the first week of September. There are still four openings left on the trip. The boat will leave at 10:00 p.m. out of Gloucester on September 1st, and will return around 7:00 p.m. on Friday, September 4th.

This is the only tuna trip that leaves from Gloucester. The other trips leave from Fairhaven, Massachusetts, and are closer to the offshore grounds.

The Yankee Captains will set up trolling teams during the day and chunk at night. They typically fish south and southeast of Nantucket. During previous trips, they have caught a 530-pound blue marlin, a 350-pound swordfish, and released a 700-pound blue marlin.

Typically, you can get in 48 hours of straight fishing — two full days and two full nights for albacore, yellowfin, and big-eye tuna.

Anyone wanting more details can call me at 789-1343 for information, or call the Yankee Captains at 1-800-924-5464 for information and reservations.

#### FISH REPORTS FRESH WATER

Valley lakes and ponds have been tough, according to local anglers. The fish are either in the weeds or are suspended in deep water.

Stream fishing has just about come to a standstill due to low water conditions.

This week's rains may help to improve the water levels in our streams and rivers.

#### SALT WATER

The RACE is on! Party and charter boats have been working locations from the Race to Mountauk with fairly consistent results. Stripers and blues have been coming aboard with regularity. Diamond jigs in the 10- to 14-ounce sizes have been a killer on the blues.

Surf fishermen have been scoring stripers and fluke from the Rhode Island beaches, as well as along the Cape.

Offshore fishing is getting set for what we hope will be a strong tuna season in September.

**Kent Servis'**  
**"Outdoors New  
England" is a  
regular feature  
of The AAN...**

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Agawam**

## Thomas DalMolin Golf Tourney Slated For September 13th

The annual Thomas DalMolin Golf Tournament will be held on Sunday, September 13th, at the Agawam Country Club.

Start time is 9:30 a.m. The cost of the event is \$65 and includes golf fees, cart, lunch, a steak dinner at Ferruccio's, and prizes.

Proceeds will benefit the Thomas DalMolin Scholarship Fund. Anyone interested in sponsoring a tee or in registering for the tournament can do so by calling Kip at 786-9773 or Mary Lou at 786-1959.

## John Polopek "Finally" Gets His Hole-In-One

John Polopek of Agawam has been playing golf for 65 years. On August 15, 1998, on the 170-yard 15th hole at Agawam Country Club, he hit his seven wood for his first hole-in-one.

His wife, Bernie, got her hole-in-one after playing only three years so many years ago. John was elated he finally matched her.

John is a full member of the Agawam Country Club. Witnesses were Bob Brennan, Jim Foley, and Jack Brennan.

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\* \* \* \* \*

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# Agawam Police Hold D.A.R.E. Golf Tourney...



LORI GALLERANI, MARIANNE CAMPBELL (standing), and BETTY MANCHINO at the annual Agawam D.A.R.E. Golf Tournament, which was held at Oak Ridge Golf Club on Wednesday, August 5th. Advertiser News photo by Jack Devine.



'HOPE THESE GUYS WEREN'T 'TEED OFF'!!!' From left to right: Dave Pisano, Dick Pisano, Ron Hamel, and Karl Schmaelzle at this year's D.A.R.E. Golf Tournament, sponsored by the Agawam Police Department. Advertiser News photo by Jack Devine.



TAKING ADVANTAGE of Oak Ridge's "Club Cars" at the D.A.R.E. Golf Tournament. Advertiser News photo by Jack Devine.



AGAWAM POLICEMEN and elected officials at the annual D.A.R.E. Golf Tournament (from left to right): Sergeant Donald Gallerani, Mayor Christopher Johnson, State Senator Linda Melconian, State Representative Dan Keenan, and Agawam Police Chief Robert Campbell. Advertiser News photo by Jack Devine.

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# D.A.R.E. Golf Tournament Another Huge Success

*The Committee for the 10th Annual Agawam Police D.A.R.E. Golf Tournament would like to thank all those that made it a success.*

*We would especially like to thank those that sponsored a hole or donated a raffle prize.*



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### Golf Tip Of The Week...

Compiled by  
Jim Modzelesky,  
PGA  
Oak Ridge Golf Club,  
Feeding Hills, MA

#### Address The Spot...

When faced with an explosion shot from the bunker, don't make the mistake of addressing the ball.

A simpler and more effective method of extricating yourself is to position your body so that the spot behind the ball, or target, is at the low point in the swing.

By mentally excluding the ball from the picture, you will be more likely to execute a good bunker shot consistently.



## Elizabeth (Liz) Stieg Invited To CT Starters Top 100 Clinic

Elizabeth (Liz) Stieg, a sophomore at Agawam High School, has been invited to the CT Starters Top 100 Clinic for high school girls in grades 10, 11, and 12 in September to be held at Fairfield University and the University of Connecticut.

This event is to give girls with goals of playing at the next level exposure and an opportunity to play against the best upperclassmen in the Northeast in front of the top Division 1, 2, and 3 women's college coaches in the country. Last year, some 140 girls from the Northeast participated and were seen by some 56 colleges.

For the last two years, Liz has been playing for the CT Starters AAU team, where she led her team to the bronze medal for a third-place finish in the Connecticut AAU state tournament, and a medal with a fourth-place finish in the AAU National Invitational Championship Tournament in New Orleans, Louisiana. Previously, she played two years for the Western Mass. Cheetahs AAU team.

Liz is working hard on her basketball game and looking forward to the coming AHS girls' basketball season. Her goal is to make the varsity team this year. Last year, she played the point and shooting guard position for the JV team and was the team leader in points and assists.

Liz hopes to be able to make a contribution to Agawam basketball this coming season and knows that she will be playing with the best group of girls around as well as the best coach in Western Mass., Lou Conte.



ELIZABETH (LIZ) STIEG

\* \* \*

All the local  
sports news with  
us — AAN!!!

\* \* \*

*Our deadline next  
week is Monday,  
August 24th, at 5:00  
p.m. for our Back-  
To-School issue...*

Check our  
classifieds  
every week...

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PAC-10 POWERHOUSE

ARIZONA STATE UNIVERSITY

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September 5th - 7:00 P.M.



Tickets:

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## Polverari And Avery Win Riverside's Modified Twin 35's

Two former track champions were victorious once again in Twin 35 Modified features on Saturday, August 15th, at Riverside Park Speedway.

Dan Avery of Somers, Connecticut, took down his second win of the season at the park in the first, and five-time track champion Bob Polverari of West Springfield also earned his second win of the season in the second 35-lap feature.

Other winners on ACME Auto-Arbitell Convenience Stores night at the races were John Lobo, Jr. in the Serv-U Auto Supply Pro Stock Division, P.J. Pelc in the Teddy Bear Pools Truck Division, George Colton in the Sportsman Division, and Don Pinette in the Figure 8 Division.

Avery, who finished fifth in the Stafford 150 for the Featherlite Modified Series the night before (Friday, August 14th), earned his second win at the park after taking the lead on the second lap, and holding off defending New England Regional Champion Jimmy Broderick for the win. It was Avery's 26th career Modified victory at Riverside Park. Broderick took second, followed by Dave Berube, Rob Summers, and Ricky Miller in fifth.

Polverari, owner of five Riverside Park crowns in three decades, came out of an eight-year retirement this season and earned his 35th career Modified victory after re-drawing the pole position for the second feature. Polverari led the entire distance, and held off the late challenges of Ricky Miller to win the race. Miller finished second, followed by Eddy Spiers, Avery, and Chris Kopec in fifth.

In the 40-lap Pro Stock feature, second-generation driver John Lobo, Jr. took down his first win over Jim Mavlouganis, defending track champion Eddy Carroll III, Rich Vasseur, and Todd Owen.

The Teddy Bear Pools Truck Division graced yet another new winner as P.J. Pelc of South Deerfield crossed the line ahead of Chuck Docherty, Ernie Tarca, Chris Johnson, and Skip Breunig to take down the win. In the first 14 races of 1998, 13 different drivers in Riverside Park's newest division have earned victories.

The 25-lap Sportsman feature went to Somers, Connecticut native George Colton after he made his winning move on lap two. Colton passed eventual fourth-place finisher Dave Birkenshaw on the inside of turn two to take the early lead he would never relinquish. Herb Carlon finished second, followed by Glen Reilly, Birkenshaw, and Tony Keilty, who took over the Sportsman points lead with his fifth-place finish.

Don Pinette of Bristol, Connecticut, earned his second consecutive win in the Figure 8 Division after several close calls in the "X." Erik Comstock was second, and Steve Palmer, "Maniac" Mike Gigantino, and L.A. Mark would round out the top five for the Figure 8's.

Riverside Park Speedway continues its 50th anniversary season on Friday, August 21st, as The Law Offices of John Haymond present AMA Flat Track Motorcycle racing. The NASCAR Winston Racing Series continues on Saturday, August 22nd.

\* \* \*

*"Racing News"  
from Riverside Park  
Speedway is a  
regular feature  
of The AAN...*

\* \* \*

## RIVERSIDE PARK SPEEDWAY

FRIDAY, AUGUST 21 - 7:30 PM

THE LAW OFFICES OF JOHN HAYMOND PRESENT:

## AMA FLAT TRACK MOTORCYCLES!

250 PRO SPORTS - 600 PRO SPORTS  
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PLUS: DOUG DANGER MOTORCYCLE JUMP OFF CONTEST!

SATURDAY, AUGUST 22:

NASCAR WINSTON RACING SERIES:  
SUNDAY, AUGUST 23:

ENDURO & DEMO DERBY: NEMA MIDGETS!

## Labor Day Soccer Tournament To Raise Money For Make-A-Wish Foundation

Dave Shaw, President of the Agawam Soccer Association, and Ted Hebert, representing the Make-A-Wish Foundation of Western/Central Massachusetts, are proud to announce that the ASA will be raising money through its Labor Day soccer tournament — the Riverside Soccer Classic — to create a wish for a terminally ill child.

Shaw has stated that the goal is to raise \$3,000, and anyone wishing to donate may do so by sending their check to ASA, P.O. Box 442, Feeding Hills, MA 01030. Please make checks payable to the Agawam Soccer Association.

Also, the Agawam Country Club will be displaying a coin can for any golfers wanting to donate to this worthwhile cause throughout the summer months.

Any other businesses interested in joining the ASA in helping raise funds can call Jim Stevenson at 789-2999. Thank you!

*For copies of his photos in this edition,  
call Jack Devine at 789-0053. He has all  
the negatives and will be glad to help you.*

\* \* \* \* \*

## 1st Annual Agawam Chamber Of Commerce 9 Hole Golf Social September 10, 1998 Agawam Country Club



### TEE TIMES

3:00 P.M. Until 4:30 P.M.

### PRICE

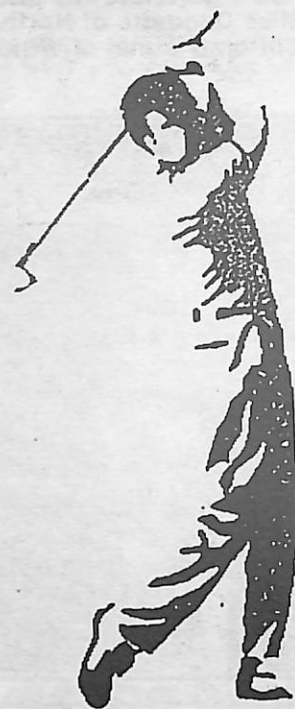
\$20 Per Person  
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Scramble Format

Limited To 60 People



**Yes — I, (we) will participate in the  
Agawam Chamber of Commerce 9 Hole Golf Social.**

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# Riverside's Unofficial Finishes For August 15th

## NAPA Modified Division (35 Laps)

1. Dan Avery of Somers, CT.
2. Jimmy Broderick of Brookfield, CT.
3. Dave Berube of Bristol, CT.
4. Rob Summers of Manchester, CT.
5. Ricky Miller of Agawam, MA.
6. Bob Polverari of West Springfield, MA.
7. Ted Riggott of East Hartland, Ct.
8. Chris Kopec of Ware, MA.
9. Eddy Spiers of Beacon Falls, CT.
10. Ken Marques of Canton, CT.
11. Brad Hietala of Ellington, CT.
12. Renee Dupuis of Glastonbury, CT.
13. Joe Czarnecki of Westfield, MA.
14. Richie Gallup of Agawam, MA.
15. Todd Owen of Somers, CT.
16. Dave Gallo of Kensington, CT.
17. Fran Principi of Monroe, CT.
18. Bill Bolton of Enfield, CT.
19. Dale Evonsion of East Hartland, CT.
20. John Lobo, Jr. of Southampton, MA.
21. Chris Wenzel of Holyoke, MA.
22. Brian Schofield of Monson, MA.
23. Eric LeClair of Chicopee, MA.
24. Bob Bolton of Mansfield, MA.

## Sportsman Division (25 Laps)

1. George Colton of Somers, CT.
2. Herb Carlon of Windsor, CT.
3. Glen Reilly of Northford, CT.
4. Dave Birkenshaw of Somers, CT.
5. Tony Keilty of Torrington, CT.
6. Rick Leavitt of Canton Center, CT.
7. Mitch Drewnowski of Feeding Hills, MA.
8. Bill Reiman of Southington, CT.
9. Paul Mercadante of Southampton, MA.
10. Jon Waterhouse of Berlin, CT.
11. Keith Carzello of Enfield, CT.
12. Doug Goetz of Danbury, CT.
13. Dennis Brilla of Plantsville, CT.
14. Chris Drouin of Bristol, CT.
15. Fred Berger of Morris, CT.
16. Mike Chaves of South Windsor, CT.
17. Beau LeBeau of Somers, CT.
18. Kevin McQuillan of Stratford, CT.
19. Robert Bahre of Canton, CT.
20. Andy Breen of Northampton, MA.
21. Scott Bigelow of Kensington, CT.
22. Jason Lafayette of Windsor, CT.
23. Dennis Charette of Southington, CT.
24. Ed Charette of Plainville, CT.

20. Barry Gray of Belchertown, MA.
21. Craig St. Germain of Enfield, CT.

## NAPA Modified Division (35 Laps)

1. Bob Polverari of West Springfield, MA.
2. Ricky Miller of Agawam, MA.
3. Eddy Spiers of Beacon Falls, CT.
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18. Bill Bolton of Enfield, CT.
19. Dave Gallo of Kensington, CT.
20. Ted Riggott of East Hartland, CT.
21. Richie Gallup of Agawam, MA.
22. Eric LeClair of Chicopee, MA.
23. Brian Schofield of Monson, MA.
24. Bob Bolton of Mansfield, MA.

## Teddy Bear Pools Truck Division (30 Laps)

1. P.J. Pelc of South Deerfield, MA.
2. Chuck Docherty of Springfield, MA.
3. Ernie Tarca of East Granby, CT.
4. Chris Johnson of Pittsfield, MA.
5. Skip Breunig of Milford, CT.
6. Kris Valerio of Bristol, CT.
7. Gee Perry of Granby, CT.
8. Ted Chalmers of Holyoke, MA.
9. Brian Merchant of Wilbraham, MA.
10. E.J. Lagacy of Agawam, MA.
11. Pat Kretschman of Shelton, CT.
12. Scott Ciak of Agawam, MA.
13. Mike Salmond of Ludlow, MA.
14. Rob Valerio of New Britain, CT.
15. Mike Duquette of Northampton, MA.
16. Clifton O'Donal of Windsor, CT.

## Serv-U Auto Supply Pro Stocks (40 Laps)

1. John Lobo, Jr. of Southampton, MA.
2. Jim Mavlouganes of Wethersfield, MA.
3. Eddy Carroll III of Suffield, CT.
4. Rich Vasseur of Ellington, CT.
5. Todd Owen of Somers, CT.
6. Jeff Horn of Tolland, CT.
7. Tom Fearn of Agawam, MA.
8. Patrick Townsend of Springfield, MA.
9. Jay Miller of East Granby, CT.
10. Blaine Belz of Moodus, CT.
11. Tim Strojny of Southampton, MA.
12. Bobby Ermark of Norwalk, CT.
13. Tom Dileo of Winsted, CT.
14. Sonny Fiega of Springfield, MA.
15. Rick Turcotte of Hampden, MA.
16. Chuck Docherty of Springfield, MA.
17. Jeff Connors of Ellington, CT.
18. Les Hinckley III of Windsor Locks, CT.
19. Jim Banfield of South Glastonbury, CT.

## Figure 8 Division (20 Laps)

1. Don Pinette of Bristol, CT.
2. Erik Comstock of West Haven, CT.
3. Steve Palmer of Watertown, CT.
4. Mike Gigantino of East Haven, CT.
5. L.A. Mark of Springfield, MA.
6. Betty Anne Dobosz of Windsor Locks, CT.
7. Brian Montgomery of Cheshire, CT.
8. Jeff Asselin of Springfield, MA.
9. John Gagnon of Westfield, MA.
10. Name unknown.
11. Roland LaJoie.
12. Leon Goulet of Southwick, MA.
13. Bob Pinette of Bristol, CT.
14. John Albert of Southwick, MA.
15. Roger Macznik of West Springfield, MA.
16. Chris Torres of Springfield, MA.



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## Riverside Committed To "Tour-Type" Modifieds For 1999

At the drivers' meeting on August 8th, Riverside Park Speedway's Director of Auto Racing Joe Lewandoski confirmed Riverside Park's commitment to "Tour-Type" Modified racing in 1999. The announcement came following several weeks of speculation among competitors and fans that the Agawam quarter-mile track would close down at the end of the season.

"We are committed to providing great family entertainment for years to come, and that commitment includes the Speedway," stated Riverside Park's Vice-President and General Manager Bill Muirhead. "Racing has been a tradition here for 50 years, and will continue to be an integral part of our facility." Muirhead made his commitment to racing clear after an August 7th meeting with Lewandoski and NASCAR Vice-President Tom Deery.

"For the past two years, there have been vicious rumors flying around that we are going to close down, and that I have been fired or have resigned. It is simply not true," state Lewandoski. "We will be back racing next year. Period."

"Tour-Type" Modifieds are currently Riverside Park's premier division, and all drivers earn points towards the NASCAR Winston Racing Series regional and national championships. Prior to Lewandoski's announcement to the drivers, speculation was rampant that Riverside Park Speedway would eliminate the Modifieds in favor of less costly SK Modifieds.

Eddy Spiers, driver of the No. 94 Modified, says the news gives Modified drivers hope about the future of their division. "Car counts are down, things aren't looking all that great (for the Modifieds)," says the Beacon Falls, Connecticut resident. "Knowing that NASCAR and Riverside Park want them back is good news."

Riverside Park Speedway will host a total of 38 different racing and motorsports thrills events in 1998 before the season concludes on November 1st with the Enfield Pontiac 400. Next up at Riverside is AMA Flat Track Motorcycles on Friday, August 21st.

**NO SHORTAGE OF DRIVERS:** Following August 8th, a total of 43 different drivers have raced in 16 feature races in Riverside Park's Modified division. Sixty-one different drivers have reached Riverside Park's Victory Lane in 79 NASCAR races held this season.

## A "Banner" Year For Softball...



THE PLAYERS AND COACHES of the Agawam All-Stars (girls' 14 and under softball) recently posed with a banner made by Kathy Brown. Everyone associated with the All-Stars enjoyed a successful and fulfilled season of athletic competition.

**Our annual BACK-TO-SCHOOL edition is next week. Therefore, our deadline for next week's edition is Monday, August 24th, at 5:00 p.m. — AAN!!!**

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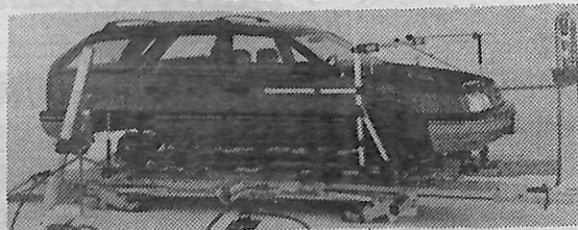
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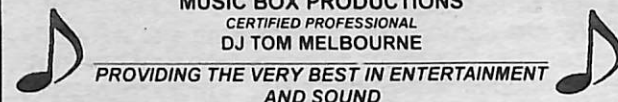
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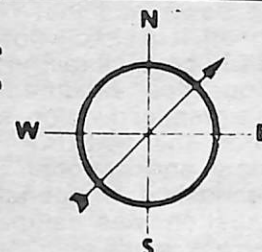
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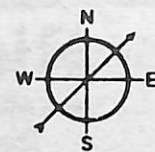
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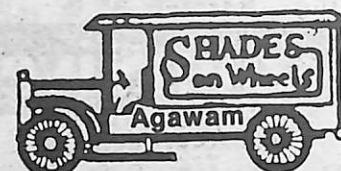
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**RENT-A-SPOUSE:** Are you a single or married homeowner? Wish you had a clone? Are your Saturdays booked up tight? Are you too tired to enjoy your night? Leave them for your Rent-a-Spouse. Errands and odd jobs are us. Reasonable rates; gift certificates available. Call today — (413) 562-0911.

**DAYCARE:** I am a professional family day-care provider licensed (186383) by the Massachusetts Office for Children. I'm located off River Road in Agawam. For more information, call Maggie at Pooh's Corner, 786-8806.

**DAY CARE:** Day care teacher with 10 years' exp. has full-time openings. I also do "fill-in" days or if you have appointment. Vouchers accepted. Call Laura, 786-0616. License no. 183910.

**PAUL'S REMOVAL & REPAIRS:** Remove lawn debris, appliances, concrete, any type fill, etc. Repair or replace windows/doors, decks, gutter, interior painting. Attics, basements, garages, complete houses. Bobcat service. Free estimates, reasonable rates, insured. Quality service always! Paul Heiden, 788-4813.

**ATTN: ROBINSON PARK SCHOOL PARENTS:** Licensed Family Day Care has openings in September for after-school care. Will meet bus daily. Mass. Lic. No. 178389. For more information, call 821-7990.

**YARD CLEAN-UP:** Mowing, fall leaves removed. Drop-off and delivery of small or large items. Attics & cellars cleaned. Tree trimming, small painting jobs, small houses painted, gutters cleaned. Free est. Call Moe, 789-4721.

**DAY CARE IN FEEDING HILLS:** Loving and nurturing environment, educational activities, computer, extra large yard, meals. Access to Rt. 57. B.A. in psychology (references available). Home totally dedicated to day care. Lic. no. 185723. 786-3045.

**EXPERIENCED TEACHER** and child care provider has 1 opening now and 1 more for September 2nd. Large back yard. Nutritious meals and snacks. Preschool program included. Call Sue at 789-2530.

## FOR SALE

**FOR SALE:** Swimming pool, 24 ft. above ground. Includes filter and cover, plus much more. Asking \$400. Computer - Compaq Presario 520, 486SX2 at 66MHz. 20Meg RAM. 14400 Baud Modem with Fax. Asking \$400. Either item can be seen by appointment. Call (413) 786-9540 and ask for Fred.

**FOR SALE:** Steel buildings in original crate. 40x20 (1 open end); was \$6,380, will sell for \$2,680. Guaranteed complete. Chuck, 1-800-320-2340.

**FOR SALE:** 1997 Kawasaki Ninja ZX600R w/ D&D pipe, 2,800 miles. Many extras. \$7,500 or B.O. Call 733-4209. Lv. message.

**FOR SALE:** Popcorn machine. 12 oz. kettle. Deluxe Whiz Bang model. 789-1343.

**DISTRIBUTORS WANTED:** IntelCom, Inc., 1-413-788-7007. Dial 1 long distance; 8.9 cents per min. State to state, 18 sec. min., 6 sec. billing. 24 hrs. a day, 7 days a week. No codes, no fees; business & residential. "We're not just all talk."

**PART-TIME HELP WANTED:** Steady hours and no weekends. M-F. Start 5:30 p.m. Office cleaning in Suffield & Enfield. We offer paid holiday/training. (860) 741-0827.

**HELP WANTED:** Food Service-Suffield, CT School Lunch; Part-time Substitute Positions; 2 1/2-3 hours per day as needed; M-F; Call 668-3825 for application.

## FOR RENT

**APTS. FOR RENT:** In Agawam. Call 786-4304.

**RENTAL NEEDED:** Help family of four searching for house or duplex in Feeding Hills or Agawam. Need 3 brs. Pets allowed! Do you have a rental? Please call 786-5942 anytime.

## PERSONAL

**ST. JUDE'S NOVENA**  
May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer 9 times a day, by the 8th day your prayer will be answered. It has never been known to fail. Publication must be promised. Thank you, St. Jude, for granting my petition.

R.P.

**BLESSED MOTHER MARY**  
Special thanks and devotion to you always. For prayers answered and publication promised.

M.A.L.

## TAG SALES

**MULTI-FAMILY TAG SALE:** Aug. 21-23, 9-3, 35 Rising St. (off Poplar Street), Feeding Hills. Furniture, household items, mattresses, appliances, children's & adult clothing, toys (Legos), bikes, sports equip., and much more.

**TAG SALE:** 441 Silver St. Sat., Aug. 22 from 9-5 only. Furniture, washer/dryer, electronic items, miscellaneous household items, curtains, toys — something for everyone.

**TAG SALE:** Fri., Aug. 21 & Sat., Aug. 22, 9-4. Anvil St. (off North Westfield St.). Clothes, video games, and more.

\* \* \*

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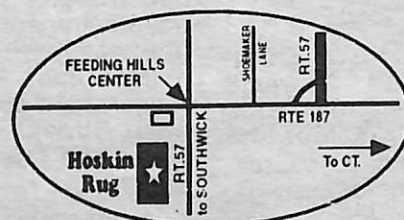
**3/4" Solid Maple**  
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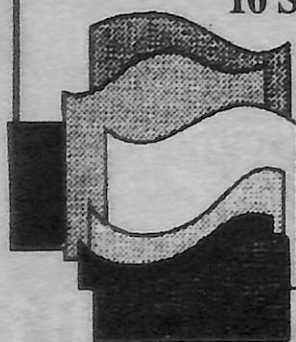
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